



Take Two | E-Newsletter | Special Edition

In this Issue:

- [DTO Getting Patients Back to Practice Guide and Updates](#)
- [BCCFP Resiliency and Wellness Resources](#)
- [UBC Rural and Remote Maternity Study](#)
- [UBC Virtual Care Study](#)

Webinar and Education Calendar:

- [UBC CPD Webinars:](#)
 - Office-Based Primary Care Safety
 - Rural Health Conference Series
 - REAKT Information
 - Safe Surgical Care

Keep Up With Us:



Facebook



Website



Email

COVID - 19 Support Resources

Thank you for everything you are doing to continue to support our communities, we will continue to distribute information about transitioning to the “new normal” in primary care. We understand that the College of Physicians and Surgeons of BC and the Provincial Health Officer are working on new guidance for lifting of restrictions for family practice, to be released in the next few days.

Click [here](#) for updated information on PPE availability. As clinics become unable to source PPE through existing channels, Interior Health has requested the Division submit PPE orders for clinics to the IH PPE supply chain and facilitate their delivery. If you would like to submit an order, please contact Kerry Stanley at kstanley@divisionsbc.ca.



Doctors Technology Office has compiled tips and advice for [Getting Patients Back to Practice Guide](#). A recording of the the [Getting Patients Back to Practice Webinar](#) is now available online.

Pathways Virtual Care Directory - Make Sure You Are Listed!

If you are providing care to your patients by phone and/or video, make sure you are listed in the new Pathways Virtual Care Directory [by clicking here](#). To see how your listing will look view the [pre-launch directory now](#) or [click here](#) to read more details about the directory.

One-Time Subsidy for e-Faxing Solutions Now Available for BC Family Doctors through GPSC

General Practice Services Committee (GPSC) is offering a one-time subsidy of \$150 towards the cost of an eFax solution to all GPs in the province. Details and access to this subsidy is available by completing the online application [available here](#).

Virtual Care Support Network

Doctors Technology Office (DTO) and Practice Support Program (PSP) have been mobilizing a **DTO Virtual Care Peer Mentor Support** access connecting with fellow physicians and MOAs who can provide real-life clinical experience & tips on implementing virtual care, communication tools or remote working best practices.

Practice Support Program (PSP) Regional Support Teams (RST)

provide at-the-elbow support for physicians and their teams around virtual care workflow optimization, EMR optimization and panel management to identify at-risk populations who may benefit from targeted outreach and proactive care. For more information about PSP's accredited practice facilitation approach and practice improvement funding opportunities, contact your [regional PSP team](#).

St Paul's Hospital



The **BCCFP** has created a new collection of resiliency resources to support family physicians. These resources are designed to be viewed and shared online, or printed. Direct links can be found below, as well as in the new **Resiliency and Wellness Resources** section of their website.

ABC123 Psychological First Aid Tool – This memory aid and tool provides techniques to reduce symptoms of acute anxiety and other emotional distress. Become familiar with using these techniques to help with your own stress as well as teach patients how and when to use the techniques appropriately. Thank you to Dr. Marcia Kostenuik, MD, CCFP for creating the original source material.

Staying Well While Working from Home – This infographic provides tips on how to set routines and boundaries that help you care for yourself and stay productive while you operate your practice from home.

Recognizing and Preventing Burnout During a Pandemic – Family physicians and other health professionals face unique challenges in response to the COVID-19 pandemic. This infographic helps you prevent, identify and treat feelings of burnout. The “treasure hunt” exercise helps you find joy in your everyday work.

Additional **pandemic-related resources** can be found on their website.



THE UNIVERSITY
OF BRITISH COLUMBIA



Researchers from the **University of British Columbia** and the **Centre for Rural Health Research** are seeking rural and remote maternity care providers in British Columbia to take part in a study. They are looking to find out the needs for and barriers to practitioners providing virtual maternity care. The results will be used to inform the development of an optimal platform to meet the needs of patients and practitioners in a rural context. Participants this complete **this survey** can enter a draw for one of three Amazon gift cards valued at \$50, \$150, \$250.



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BC Virtual Care Study - Tell us how you're doing!

A UBC and RCCbc study is being distributed among all BC family physicians to learn about how you have adapted to virtual care/telemedicine in the COVID-19 pandemic. They would like to hear about issues you may be facing (e.g. with billing), and how you can be better supported, so we hope that you will consider filling it out. **This survey** should take under 10 minutes, and your feedback is appreciated.

Upcoming Events

UBC CPD



CONTINUING PROFESSIONAL DEVELOPMENT
FACULTY OF MEDICINE

Registration is now open for the upcoming **UBC CPD webinars** listed below. Note that all webinars are listed as Pacific time.

COVID-19 Update: Office-Based Primary Care - Safety for Your Patients, Your Staff, and Yourself

<https://ubccpd.ca/course/covid19-webinar-may-14>

Subscribe	Past Issues	Date: May 14 (Thu) 1900-2030 PDT Online	Translate ▼	RSS
		<p>Summary: This live webinar event is a one-hour session with plenty of time to answer your questions. Our expert panelists from WorkSafeBC will address issues that have arisen during the COVID-19 pandemic related to physician, staff, and patient health and safety.</p> <p>Register: https://events.eply.com/covid19-webinar-may-14</p> <p>Rural Health Conference 2020 Webinar Series: "Acute Respiratory Distress: Approach and Management in the Suspected COVID-19 Patient"</p> <p>https://ubccpd.ca/courses/rhcwebinars</p> <p>Dates: May 13, May 20, & May 27</p> <p>1900-2030 PDT Online</p> <ul style="list-style-type: none"> • May 13 (Wed) - Acute Respiratory Distress: Approach and Management in the Suspected COVID-19 Patient • May 20 (Wed) - Delivering Culturally Safe Care During a Pandemic - Rural BC Success Stories • May 27 (Wed) - Ask Anything: Rural Emergency Topics during COVID-19 <p>Summary: Join our expert panelists for a series of rurally-focused COVID-19 education. Audience participation is encouraged during the presentation with lots of dedicated time for Q&A.</p> <p>Register: https://events.eply.com/rhcwebinars</p> <p>Do you have a COVID-19 question? Ask REAKT, and we will find an answer for you!</p> <p>REAKT: Rapid Evidence and Knowledge Translation during COVID-19</p> <p>We are responding rapidly to questions posed by you and other providers during the COVID-19 pandemic. This may involve evidence review and summary, sourcing existing resources such as pre-printed order sets, or sharing ideas and innovations. The response is sent directly to you and added to the expanding online library of questions and answers. REAKT is powered by volunteer medical students, The UBC Division of Continuing Professional Development's Rural Program (UBC RCPD) and the Rural Coordination Centre of BC (RCCbc)</p> <p>Ask your own question: bit.ly/askREAKT</p> <p>See example answers: https://askreakt.com</p> <p>-----</p> <p>NEW MODULE!</p> <p>Safe Surgical Care: Strategies during a Pandemic</p> <p>Another module in this popular free online course launches this week: <i>Protection of Surgical Healthcare Workers</i>. Check out newly released physician-led discussions, clinician podcast interviews, and videos focussed on helping surgical teams better prepare and safely respond to pandemics in both high and low resource settings.</p> <p>Register: https://ubccpd.ca/course/safe-surgical-care</p>		
		<div> <p>Please be in touch!</p> <p>Tell the East Kootenay Division what you need, how have you been challenged to manage COVID 19 in your office practice. Need help to implement some of these recommendations? Please drop us a quick note and we'll try our best to help.</p> </div>		

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For more information about the East Kootenay Division of Family Practice or to suggest future news items for Take 2 please contact:

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