



Take Two | E-Newsletter | Special Edition

COVID - 19 Support Resources

Thank you for everything you are doing for your patients and community during this stressful time. Please feel free to reach out to us if there are other supports needed.

We know that everyone is experiencing a shortage of Personal Protective Equipment in your clinics, we have identified some alternative suppliers and will circulate that information as soon as possible.

Please feel free to reach out to us if other supports are needed.

Contact: Megan Purcell mpurcell@divisionsbc.ca

Please refer to the following for the process for physicians to contact the **Cranbrook Covid Testing Community Clinic**.

Referral Line

The referral line is staffed Monday to Friday by a Public Health Nurse from 0830-1630 and during clinic hours. Clinic appointments are made through this line and questions can be answered regarding current testing criteria.

Please call 250-417-9252 or text if the line is busy. This phone line is not shared with the public and is reserved for medical personnel.

Cranbrook Covid Testing Community Clinic Hours of Operation:

Monday to Friday 1700-2100

Saturday and Sunday 1000-1400

Address

Cranbrook Health Centre
20 - 23rd Avenue South

*Separate Clinic entrance on side of building

Current Testing Criteria – Monday March 23, 2020



Approach to Suspect COVID-19 Cases Presenting in a Community Setting

Does the patient have any of the following symptoms?

- Fever (temp > 37.5 degrees Celsius)
- Cough (new onset or exacerbation of chronic cough)
- Difficulty breathing/shortness of breath

AND

- Severe respiratory illness, or likely to be hospitalized, OR
- A Health Care Worker, OR
- A resident of a long-term care facility, OR
- Part of an investigation of a cluster or outbreak.

Further details about testing criteria are available here:

<http://www.bccdc.ca/health-professionals/clinical-resources/covid-19-care/lab-testing>

The BC College of Family Physicians provides a COVID-19 'simple messages' infographic for family physicians to share with patients and the public. **View and download the infographic here.** This can be printed and distributed in your clinic or shared online.

Current Information Resources and IH Response

The **library of downloadable resources** on **IH's COVID-19 website** has been updated with new materials. These include infographics on social distancing, testing and self-isolation, and essential visitors, as well as the latest provincial joint statements. The Testing Information section also has the new COVID-19 BC Support App.

The Shareable Resources library is available for staff and physicians to print or share on

See attached for a **memo from Interior Health** regarding changes to **credentialing and privileging** during COVID-19 pandemic in order to keep medical staffing adequate across all sites.

Physicians, nurse practitioners, and midwives interested in applying for or **reinstating hospital privileges** during the pandemic are asked to contact **MedicalStaffCredentialing@interiorhealth.ca**
Additional details can be found on the **attached memo**.



Creekside Physiotherapy is wanting to help reduce the strain on the local doctors and medical system by offering tele-rehab appointments for physiotherapy and kinesiology. For more information please read **here**.



In response to COVID-19, **Pulse Cardiac Health** (an online Cardiac Rehabilitation Clinic) is offering Free Access to their entire library of cardiac specific education & exercise video instruction.

Pulse Cardiac Health is created and run by Cameron Towle, a Registered Cardiac Nurse working at Kelowna General Hospital, and Shawna Cook, a Clinical Exercise Physiologist working in Cardiac Rehabilitation. Pulse Cardiac Health was created to support those who are not able to access formal in house rehabilitation programs.

Patients can go to the website **www.pulsecardiachealth.com** and use the code hearhealth100 for free access.

We do offer a full 12 week cardiac rehabilitation program as well, and are accepting referrals for this if you have patients you feel could benefit.

If you have any questions about the Access Pass, or the structured rehabilitation program, please contact Shawna Cook by phone (250 769-1334) or **email**.

UBC CPD is hosting a free accredited webinar with physicians regarding updates on diagnostic protocols, treatment, investigation modalities and global health impact.

Emergency Medicine docs will answer questions and share their experiences during diagnosis and managing COVID patients in BC!

The Webinar is at capacity and a recording will be uploaded afterwards.

<https://ubccpd.ca/course/covid19-webinar-Mar26>

Please be in touch!

Tell the East Kootenay Division what you need, how have you been challenged to manage COVID 19 in your office practice. Need help to implement some of these recommendations? Please drop us a quick note and we'll try our best to help.

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For more information about the East Kootenay Division of Family Practice or to suggest future news items for Take 2 please contact:

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