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To access First Nations Health Authority's Mental Wellness teamlet, please contact  
[Lindsay.trowell@fnha.ca](mailto:Lindsay.trowell@fnha.ca)

For more information on access to cultural supports and traditional healing, please contact  
[Jessica.barudin@fnha.ca](mailto:Jessica.barudin@fnha.ca)

## Resources: Williams Lake First Nations regarding St. Joseph's Mission

In recognizing and knowing the results and findings from the recent announcements by the Williams Lake First Nations regarding St. Joseph's Mission, some of our community members will find this news and announcement triggering. Attached is a link with some additional information on the discovery, some additional resources for you and/or your clients and patients along with some links below for resources.

Access to [FNHA mental health supports](#)

Access to cultural supports through Tsow-Tun Le Lum Nuw Chah Nulth Tribal Council Teechuktl [mental health program](#)

## Celebrating Success!

The PCN allied care team are continuing to positively impact the clinics they are working with and their patients. In our latest quarterly report to the Ministry of Health, our data shows that in the one week sample of data collected in December, our numbers show the team had **115 patient visits across the 9 PCN clinics** and the Health Connections Clinic. This significant achievement and growing trend reflects the recent actualization of the interprofessional clinic teams and team-based care. It is also significant in that the team members are working in a collocated model within clinics. This requires careful scheduling and adaptation to multiple Electronic Medical Record systems. A big thank you to all the allied health team members and the PCN clinics for their adaptability and entrepreneurial spirit as we continue to implement our growing PCN in the Comox Valley.



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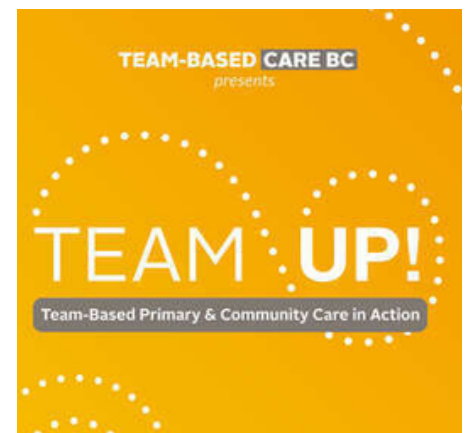
## Huddle Up! Daily Team Huddles

### Boost Practice, Productivity and Team Morale

Huddles are short, daily meetings in which Primary Care Team members and support staff view their patient list for the day. They usually last no more than 10 minutes. Huddles enable a team to anticipate care needs and special situations, so that members of the care team can support each other through the day.

To learn more about the effectiveness of team huddles - [click here](#) for an article from the Health Care Management Review on The adoption and use of structured team communication for VA medical home implementation. Also a [short video \(2 min\)](#) from the AMA Education Hub on how to have a huddle.

Team-Based Care BC is hosting a one-hour webinar on Feb 17 as a skill building session to **learn all about team huddles** and how to use them. The panelists will get into the nitty-gritty of what a huddle is, its broad application and value, and lessons learned. There will be a breakout session where you can practice planning a huddle, so be prepared to engage with your colleagues! Register [Here](#)



### Practice Support Program Update

The Practice Support Program (PSP) supports physicians throughout PCN implementation by restructuring existing practice improvement processes to enable successful deployment of the multidisciplinary care teams that are considered foundational to the development of the PCN.

For more information contact **Seth Nanayakkara** at [Seth.Nanayakkara@islandhealth.ca](mailto:Seth.Nanayakkara@islandhealth.ca) or 236.489.1798

## Gilakas'la Welcome

We are pleased to welcome **Evan Humphreys** to the PCN Team. Evan is the new Primary Care Manager for Island Health and brings a wealth of experience with him. Evan will be working closely with us as we continue to build the Primary Care Network in the Comox Valley

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## A Reminder re: the Comox Valley Virtual Care Team is Here!

The Virtual Care Team can help your clinic adapt to the new omicron variant by supporting the transition to a "work from home" model. Our team is offering support in the development of remote work strategies and procedures. If you're interested in receiving our assistance, please reach out to [lhook@comoxvalleydivision.ca](mailto:lhook@comoxvalleydivision.ca)



A friendly reminder to ensure that the after hours urgent care clinic is linked on your clinic website. [Click here to find out more](#)



Please take a moment to also ensure that the health connect registry information is listed on your clinic website. [Click here for the link](#)







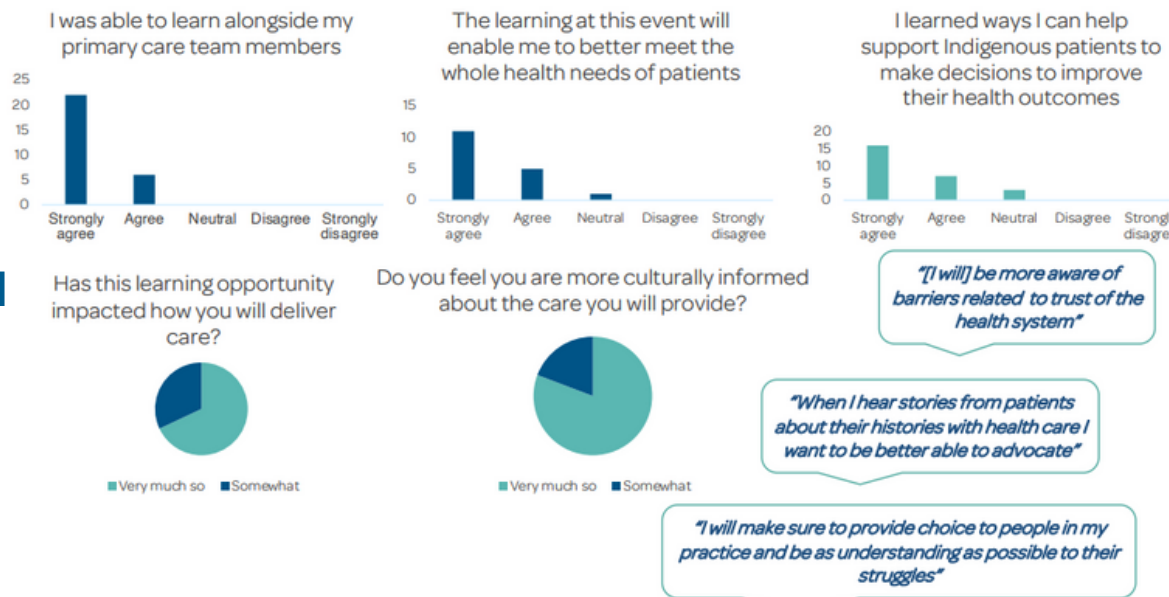
In December, the Indigenous Health Working Group and the PCN hosted physicians, allied care providers, patient partners and clinic teams for a learning session on the History of Indian Hospitals in Canada. Over a four-day stretch up to 40 people met in person at the Wachiyay Friendship Center and shared in this learning. For those who may have missed this session, please watch this [short video shared at the event](#)

With gratitude to Elders Evelyn Voyageur, Barb Whyte and Edna Leask for holding the space for us

### History of Indian Hospitals – Learning Journey – Fall 2021



**PCN Clinicians and Team members, please [sign up here](#) for Feb-June learning sessions**



### Contact Us:

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