

# COMOX VALLEY

# PCN CARE TEAM

# ANNOUNCEMENT



## Primary Care Clinical Pharmacist – PCCP A New PCN Service in the Comox Valley

### The Pharmacists in PCN Program begins in the Comox Valley Division of Family Practice

Medical clinic teams in the Comox Valley PCN now have a Primary Care Clinical Pharmacist (PCCP) available to support them. Comox Valley's new PCCP, Sadie Quintal, will work alongside physicians, nurse practitioners and other health care providers in the ongoing care of patients with complex conditions, including polypharmacy patients and those with comorbidities. The PCCP program's focus is on preventing and resolving medication-related problems, supporting patients in understanding their medications and associated choices, and helping remove barriers to following prescription advice in consultation with health care providers.

PCCPs bring specialized knowledge and training to optimize drug therapy and provide expert input on evidence-based treatment options, tailoring drug therapy to patient needs, safe use of medications (including drug interactions and adverse effects), stopping medications that are no longer needed, and working with other health care providers. Each PCCP is trained to practice with humility and provide culturally safe care that respects communities and individuals.

While based out of the Fifth Street Family practice, Sadie will be working within multiple clinics throughout the Comox Valley PCN, and due to limitations created by COVID-19, some of her work will occur by phone and video. Sadie will be working with the clinics to develop in-clinic services as soon as is feasible. When referring patients, physicians should prioritize patients taking multiple medications and those registered for the complex care fee. The process to refer patients will be shared by the Comox Valley PCN in the near future.

### **Sadie Quintal, BSc (Pharm), RPh, BCPS**

Sadie graduated from UBC Faculty of Pharmaceutical Sciences in 2010 and spent the next four years of her career as a Pharmacy Officer for the Canadian Forces. Working in Island Health since 2015, her varied roles have included ward-based clinical assignments, academic detailing, and temporary Pharmacy Site Coordinator. She has participated in precepting pharmacy students and residents and enjoys the process of knowledge translation. When she's not working you might spot Sadie at a nearby climbing crag, enjoying the backcountry on foot or ski, or at the lake on a sunny day channeling her inner mermaid.

The Pharmacists in PCN Program, led by UBC, are supported by the Ministry of Health and Regional Health Authorities for the duration of its three-year developmental phase. Following which, it will become a permanent addition to the Comox Valley PCN

To read more, please click here (link - <https://news.gov.bc.ca/releases/2018HLTH0055-001118>)

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## Pharmacy Referral

As your care team identify patients, they would like to refer to <Sadie/the clinical pharmacist>, collect and send these referrals to the dedicated pharmacy MOA, named Elham Esfahani, at [elham.esfahani@ubc.ca](mailto:elham.esfahani@ubc.ca). They will input them into Sadie's pharmacy specific EMR to ensure Sadie knows whom she'll be seeing when she visits you. Prior to visiting your clinic, Sadie will prepare for these appointments by accessing patient records in your EMR remotely. Sadie's detailed patient notes will be kept in her pharmacy specific EMR, with all relevant information being attached to the patient's record in your EMR after the appointment. In summary;

- 1) During the week leading up to Sadie's visit, your care team will identify patients they would like Sadie to see.
- 2) You fax/e-Fax patient details to Elham (copied here). Please note that e-mail is not sufficiently secure for this purpose as the information includes personal health numbers and identifiers.
- 3) Elham inputs these patients into Sadie's pharmacy EMR (separate from yours)
- 4) Leading up to Sadie's visit, she can then review these patients by remote access to your EMR (to be configured during early days and weeks, as details depend upon each type of EMR)
- 5) Sadie visits your clinic having done all required pre-work on the scheduled patients for that day.
- 6) Sadie will make most updates to her patient records in her EMR (which include a lot more pharmacist-specific information) but will also ensure appropriate updates to the patient record in the clinic EMR are also made. This may often be as simple as attaching an encounter note.

If you have any questions, please reach out to Dominic Orsler, PCN Program Manager – [dorsler@divisionsbc.ca](mailto:dorsler@divisionsbc.ca)