COMOX VALLEY SAFE OPIOID PRESCRIBING ALGORITHM



Dr. Charuka Maheswaran et al., Safe Opioid Prescribing Working Group, revised February 2017

BASELINE ASSESSMENT A FRESH LOOK AT CHRONIC PAIN Red, yellow flags* Brief pain inventory* Pain disability index* Opioid risk tool* **MANAGEMENT** Brief action planning* (Goals of Treatment) Patient and physician handouts* (Appendix A) Non-opioid pain medications Physiotherapy, Massage Therapy Interventional therapies (Appendix A) Mental health strategies (Adult Day Therapy, MHSU) Nursing Centre chronic pain clinic (Referral Form Appendix B) **RE-ASSESSMENT** Repeat baseline assessments YES **WORKING?** NO TRIAL OF OPIOID THERAPY Brief action planning* (Goals of treatment) Patient handout* (Goals and Hazards of Opioid Therapy) (Appendix A) Signed treatment agreement (Appendix C) + Fax to pharmacy Random PharmaNet ONE DOCTOR, ONE PHARMACIST, ONE PATIENT **FOLLOW-UP** Repeat baseline assessment Random urine drug screen (Appendix D) Aberrant behaviour tool* **RE-ASSESSMENT OF GOALS**

SPECIALIST INPUT

Dr. Barb Fehlau(250) 871.1173

YES

WORKING?

NO

EXIT STRATEGY

- Specialist input: Dr. Barb Fehlau (250) 871.1173
- Support for withdrawal and wean-down management (Appendix E)

CONSEQUENCES

- One Chance (Lose Rx once, use walk-in once)

 If your patient does attend walk-in for opioids, fax treatment agreement to the walk-in clinic, to ensure no further issues
 - Will still be your doctor, but no opioids

ABERRANT BEHAVIOUR

e.g. R.C.M.P, Misuse Letter, Letter from Walk-In, etc

ES

NO

WORKING?

^{*} available on PSP Chronic Pain Algorithm