

## Goals decided with patient:

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7.

<b>Overdose Risk</b> <b>Provider Factors</b> -Incomplete assessments -Rapid titration -Combining opioids and sedating drugs -Failure to monitor dosing -Insufficient information given to patient and/or relatives	<b>Patient Factors</b> - Elderly - On benzodiazepines - Renal impairment - Hepatic impairment - COPD - Sleep apnea - Sleep disorders - Cognitive impairment	<b>Opioid Factors</b> -Codeine & Tramadol - lower risk -CR formulations - higher doses than IR  <b>Prevention</b> -Assess for Risk Factors -Educate patients /families about risks & prevention	-Start low, titrate gradually, monitor frequently --Careful with benzodiazepines -Higher risk of overdose - reduce initial dose by 50%; titrate gradually -Avoid parenteral routes - Adolescents; elderly - may need consultation -Watch for Misuse
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Initiation Checklist	Y	N	Date
Are opioids indicated for this pain condition			
Explained potential benefits			
Explained adverse effects			
Explained risks			
Patient given information sheet			
Signed treatment agreement (as needed)			
Urine drug screening (as needed)			

## Stepped Approach to Opioid Selection

