

# First Nations Community Resource Guide



| <b>ESQUIMALT NATION</b><br>1189 Kosapsum Crescent<br>Victoria BC V9A 7K7                  |                   |  |  | <b>Phone: (250) 381-7861</b><br><b>Fax: (250) 384-9309</b> |              |
|---|-------------------|--|--|--|--------------|
| Title   | Name              | Email  | Hours  | Office   | Cell         |
| Band Office   |                   |  |  | 250-381-7861   |              |
| Health Director   | Barb LeCoy        | <a href="mailto:BarbLecoy@esquimaltnation.ca">BarbLecoy@esquimaltnation.ca</a>   | Mon - Thurs  | 250-381-7861   |              |
| Community Health Nurse  | Trisha Hood       | <a href="mailto:Trisha.Hood@itha.ca">Trisha.Hood@itha.ca</a>                     | Mon, Wed   | 250-381-7861   | 250-616-6493 |
| Nurse Practitioner  | Francoise Juneau  | <a href="mailto:Francoise.juneau@viha.ca">Francoise.juneau@viha.ca</a>           | Every 2 <sup>nd</sup> Monday<br>(1 <sup>st</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> ) | 250-381-7861   |              |
| <b>SONGHEES NATION</b><br>1100 Admirals Road<br>Victoria BC V9A 2P6                       |                   |  |  | <b>Phone: (250) 386-1043</b><br><b>Fax: (250) 386-4161</b> |              |
| Health Centre   |                   |  |  | 250-386-1043<br>Ext 127                                    |              |
| Health Director   | Rosa Horne        | <a href="mailto:rosa.horne@songheesnation.com">rosa.horne@songheesnation.com</a> | Mon – Fri<br>8:30-4:30   | 250-386-1043<br>Ext 132                                    |              |
| Community Health Nurse  | Stephanie Benedik | <a href="mailto:stephanie.benedik@itha.ca">stephanie.benedik@itha.ca</a>         | Tues – Fri<br>8:30-4:30  | 250-386-1043<br>Ext 131                                    |              |
| Nurse Practitioner  | Danielle Linton   | <a href="mailto:danielle.linton@viha.ca">danielle.linton@viha.ca</a>             | Tuesdays 9-12  | 250-370-8674   |              |
| <b>SCIA'NEW FIRST NATION (Beecher Bay)</b><br>4901-B East Sooke Road<br>Sooke, BC V9Z 1B6 |                   |  |  | <b>Phone: (250) 478-3535</b><br><b>Fax: (250) 478-3585</b> |              |
| Health Representative   | Krista Johnny     | <a href="mailto:Kristaljohnny87@gmail.com">Kristaljohnny87@gmail.com</a>         | Mon - Thurs  |  |              |
| Community Health Nurse  | Trisha Hood       | <a href="mailto:Trisha.Hood@itha.ca">Trisha.Hood@itha.ca</a>                     | Tuesdays   | 250-478-3535   |              |
| Nurse Practitioner  | Francoise Juneau  | <a href="mailto:Francoise.juneau@viha.ca">Francoise.juneau@viha.ca</a>           | Every 2 <sup>nd</sup> Thurs<br>(1 <sup>st</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> )  | 250-381-7861   |              |
| <b>T'SOU-KE NATION</b><br>2154 Lazzar Road<br>Sooke, BC V9Z 1G1                           |                   |  | <b>Office Hours:</b><br><b>Mon – Fri</b><br><b>8:30 – 4:30</b>                         | <b>Phone: (250) 642-3957</b><br><b>Fax: (250) 642-7808</b> |              |
| Health Office   |                   |  |  | 250-642-4261   |              |
| Administrative Health Coordinator   | Rose Dumont       | <a href="mailto:adminhealth@tsoukenation.com">adminhealth@tsoukenation.com</a>   | Monday – Friday<br>8:30-4:30   | 250-642-3957   | 250-217-2215 |
| Public Health Nurse   | Kirsten Hull      | <a href="mailto:Kirsten.hull@viha.ca">Kirsten.hull@viha.ca</a>                   | Tuesdays<br>8:30-4:30  | 250-642-3957   |              |
| Community Health Nurse  | Stephanie Benedik | <a href="mailto:stephanie.benedik@itha.ca">stephanie.benedik@itha.ca</a>         | Every 2 <sup>nd</sup> Thurs<br>8:30-4:30   | 250-642-3957   | 250-857-4328 |
| Community Health Nurse  | Angie Gibson      | <a href="mailto:angie.gibson@itha.ca">angie.gibson@itha.ca</a>                   | Mon - Weds<br>8:30-4:30  | 250-642-3957   | 250-216-9804 |

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| <b>PACHEEDAHT NATION</b><br>350 Kalaid Street, Box 170 General Delivery<br>Port Renfrew, BC V0S 1K0 |                                     |  |  | <b>Phone: (250) 647-5521</b><br><b>Fax: (250) 647-5561</b> |      |
|---|-------------------------------------|--|--|--|------|
| Title   | Name                                | Email  | Hours                                    | Office   | Cell |
| Health Director   | Ardina Jones                        | <a href="mailto:health@pacheedaht.ca">health@pacheedaht.ca</a>   | Mon-Fri                                  | 250-647-5521,<br>Ext 213                                   |      |
| Community Nurse   | Carol Hill                          | <a href="mailto:carolh@pacheedaht.ca">carolh@pacheedaht.ca</a>   | Tues - Thurs                             | 250-647-5521,<br>Ext 212                                   |      |
| Nurse Practitioner  | Francoise Juneau<br>Danielle Linton | <a href="mailto:Francoise.juneau@viha.ca">Francoise.juneau@viha.ca</a><br><a href="mailto:Danielle.linton@viha.ca">Danielle.linton@viha.ca</a> | Thursdays 1/mo<br>10:00 – 2:00 pm        | 250-647-5521   |      |
| Physician   | Dr. Patrick Stel                    |  | 1 <sup>st</sup> Thursday<br>10:00 – 2:00 | 250-647-5521   |      |

