



WSÁNEĆ First Nations Community Resource Guide

DIRECT CONFIDENTIAL MOA FAX LINE FOR ALL WSÁNEĆ COMMUNITY (Tsartlip, Tsawout, Tseycum & Pauquachin) MOAs to distribute to appropriate community Health Care Professional, including all Physician referrals and inquiries			HOURS	PHONE	Confidential FAX
MOA TSARTLIP & PAUQUACHIN	Alena Peters	alena@tsartlip.com	8:30am-4:30pm (Mon-Fri)	250.652.4473	250.652.8395
MOA TSAWOUT & TSEYUM	Marie Elliot	moa@tsawout.ca	8:30am-4:30pm (Mon-Fri)	250 652 1149	778-351-0311
Island Health Nurse Practitioners (NP) for all WSÁNEĆ COMMUNITY (Tsartlip, Tsawout, Tseycum & Pauquachin) Direct referrals to community MOA for distribution.			8:30am-4:30pm (Mon-Fri)		
Nurse Practitioner	Harry Uppal	Hardip.Uppal@viha.ca			
Nurse Practitioner	Kelly Sharp	kelly.sharp@viha.ca			
W'SÁNEĆ COMMUNITY PHYSICIAN (GP) (Tsartlip, Tsawout, Tseycum & Pauquachin) Direct referrals to community MOA for distribution.					
Community Physician	Dr. Krista Stogryn	krista.stogryn@viha.ca			
SAANICH FIRST NATION ADULT CARE SOCIETY (SFNACS) 77 Tsartlip Drive, Brentwood Bay, BC V8M 1N9 Provides nursing and home support services to all W'SANEC First Nation community members. Direct referrals from hospital and physicians.			8:00- 4:00pm (Mon-Thurs) 8:00-1:00pm (Fridays)	250.544.1627	250.544.1628
Coordinator	Audrey Sampson	coord.sfnacs@shaw.ca			
Direct Nursing		nurse.sfnacs@shaw.ca		250.744.7978 or 250.216.1479	
TSARTLIP FIRST NATION 1 Boat Ramp Rd, Brentwood Bay, BC V8M 1R3			8:30am-4:30pm (Mon-Fri)	250.652.4473	250.652.8395
MOA TSARTLIP & PAUQUACHIN			Alena Peters	alena@tsartlip.com	250.652.8395
Health Manager	Karen Harry / Heather Hastings	tsartlipnurse@tsartlip.com			
Community Health Nurse (RN)	Heather Hastings	tsartlipnurse@tsartlip.com			
TSAWOUT FIRST NATION 7728 Tetayut Rd, Saanichton, BC V8M 2E			8:30am-4:30pm (Mon - Fri)	250.652.1149	778-351-0311
MOA TSAWOUT & TSEYUM			Marie Elliot	moa@tsawout.ca	778 351 0311
Health Manager	Glenda Gibbons	ggibbon@tsawout.ca			
Community Health Nurse (RN)	Heidi Graf	hgraf@tsawout.ca			
TSEYUM FIRST NATION 1210 Totem Lane, North Saanich, BC V8L 5S4			8:30am-4:30pm (Mon- Fri)	Band: 250.656.0858 Health Reception: 250.656.0206	778-351-0311
MOA TSAWOUT & TSEYUM			Marie Elliot	moa@tsawout.ca	778-351-0311
Health Manager	Kelli	kellit@tseycum.ca			
Community Health Nurse (RN)	Stephanie McMahon	Stephanie.mcmahon@iths.ca			
PAUQUACHIN FIRST NATION 9010 W Saanich Rd, North Saanich, BC V8L 5			8:30am - 4:00pm (Mon-Fri)	250.656.0191	250.652.8395
MOA TSARTLIP & PAUQUACHIN			Alena Peters	alena@tsartlip.com	250-652-8395
Health Manager	Lucia Bartleman	lucia@pauquachin.com			



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Public health nurses (Island Health) Maternal Child Health	Monica Stevenson Melinda Andrews- Wittman	monica.stevenson@viha.ca melinda.andrewswittman@viha.ca	9:00am-4:00pm (Tues & Thurs)		
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About the artwork: WEXES (frog) artwork by Chazz Elliott, member of W'SÁNEĆ Nation and descendant of Lekwungen Nation. This illustration reflects the artist's representation of Island Health's C-A-R-E value, "courage." WEXES is a symbol of change, growth and courage. WEXES is also a messenger for the season of plenty. WEXES is a witness to the change and signals to the people the coming of spring.

