



**The Division**  
*E-bulletin Volume 9*  
*(2018/19)*



***Retirement Party***

*Join us on Tuesday, June 19th as we celebrate **Janet MacDonell's** retirement.  
We will be at the Campbell River Golf and Country Club (700 Peterson Road)  
from 12:00 to 1:30 pm. Appetizers will be provided.  
Please RSVP by June 15 to [Julie Collis](#).*

**PROVINCIAL & REGIONAL NEWS & REPORTS**

**Division Dispatch:**  
May 11, 2018

**PATHWAYS**

**GPSC - Spring  
Summit Update**

**DIVISION NEWS ~ UPDATES**

**Who is Taking New Patients this Month?**

- \* Alder Medical Clinic: Dr. Jan Coetzee; Dr. Sathie Naicker
- \* Quinsam Medical Clinic: Dr. Ayorinde Dada, Dr. Wiaan Bedeker
- \* Seawatch Medical Clinic: Dr. Alejandra Farias-Godoy; Dr. Aimen Salem
- \* The Bridge Medical Clinic: Dr. Eben Nel

### **Please join us in Welcoming Emma Hansen, Operations Coordinator**



Emma will be joining the Campbell River & District Division of Family Practice on Monday, May 28th as the new Operations Coordinator. After exploring other parts of Vancouver Island, Emma, her recently retired military husband and their 2 young girls fell in love with Campbell River and settled here 2 years ago. She loves her time with her girls, enjoys being outside and exploring, as well as reading.

Feel free to stop by the Divisions office (located in the Administrative Area - CR0308) and say hi to Emma.

She can also be reached through her Division email address at: [ehansen@divisionsbc.ca](mailto:ehansen@divisionsbc.ca)

### **Enhanced Recovery After Surgery (ERAS) Pre-Surgery Passport Roll-Out and Follow-Up Survey**

A copy of the new Pre-Surgery Passport has been distributed to all physicians' mailboxes at the CR Hospital. Along with the Passport, you received a copy of the attached the [Follow-Up Survey](#) notice. The survey will be administered via email and there is a great prize for those who complete the survey. Watch for the email and please provide us with your feedback. Thank you!

### **May 24, 2018 Announcement by Premier Horgan**

The BC Government is putting initial priority on addressing the shortage of general practitioners in the province by:

- Providing funding for up to 200 new general practitioners to work in the new team-based care model.
- Offering opportunities for every family medicine resident to work in a renewed primary care system that allows them to focus their time and energy on practising patient centred medicine.

[Press Release](#)

**PMH/PCN Update: Funding Approved for Physician-to-Physician  
and PMH-to-PMH Networks**

The GPSC has approved funding to support divisions in the development of physician-to-physician and PMH-to-PMH (team-to-team) networks (PMH attributes 11 and 12).

The funding will provide the additional support divisions requested to further engage and compensate physicians for the time and effort they dedicate to planning and implementing the PMH. In particular, this funding will support family doctors, their teams, and local divisions to build the relationships that are integral to the development, success, and sustainability of clinical service networks.

There is much good work underway at the community level, and this funding, alongside supports for team-based care, will enable divisions to maintain momentum toward establishment of PMHs and physician networks, which will be the foundation of the broader Primary Care Networks.

### **New PMH tool: Practice Characteristics Matrix**

GPs can access a new provincial tool that helps doctors understand what the patient medical home (PMH) means in the context of their practices. The GPSC's [Practice Characteristics Matrix](#) takes a closer look at the 12 attributes of the PMH and what they could look like at the practice-level. It describes the attributes using a series of characteristics, and includes information about what a transition toward a PMH might entail.

These characteristics provide a reference point for GPs to reflect on their own practice experience and identify where they are in their move toward the patient medical home model of care. The matrix was created based on extensive consultation and research to ensure the tool is relevant to family practice in rural, remote, and urban settings in BC.

### **Partners Launch Planning Process for Primary Care Networks**

On March 8, division and health authority representatives from 10 geographic areas, along with Ministry of Health and Doctors of BC leaders, GPSC support teams, and other stakeholders came together in Vancouver to discuss details around a 90-day planning process for Primary Care Networks (PCNs) that will begin in April. The event provided an opportunity for participants to learn more about the vision and context for PCNs and a system of primary and community care. The provincial leadership team reviewed research and supports available to participating communities, discussed challenges and concerns, and sought feedback on a draft PCN service planning template. [Click here](#) to read more.

### **Incentive Working Group - New Incentives Supporting PMH and PCN**

As a working group of GPSC, the Incentive Working Group is responsible for developing recommendations on new incentives to support GPs' transition to the Patient Medical Home and the Primary Care Network. Two new incentives are in the works:

- 1.** A Panel Management Incentive to compensate GPs for the front-end work of empanelment, initial panel clean-up and panel optimization. *(Expected to be available to physicians in 2018)*
- 2.** An ongoing PMH Practice Management Incentive to compensate GPs for undertaking ongoing PMH development and management activities *(Under development – seeking feedback at GPSC Spring Summit 2018)*

For your reference, the Incentive Working Group has prepared a [Summary of these Two Initiatives](#)

For input Email [gpsc@doctorsofbc.ca](mailto:gpsc@doctorsofbc.ca) with subject line: **Feedback on new incentives**

## On Demand Telephone Interpreter

Working with an interpreter:

- An interpreter acts as a language conduit, rendering an oral message from one language into another
  - You should speak directly to the client; the interpreter will speak in the first person
  - You should allow time every few sentences for the interpreter to interpret
  - The interpreter will interpret everything said during the session

The attached [Poster](#) provides more information on **How to Access an Interpreter**

## Community Action Team - Overdose Crisis

Campbell River and District is one of eighteen BC Communities hardest hit by the overdose crisis and are one of the first to get the support of the Community Action Team dedicated funding as part of the BC government's escalated response to the overdose crisis. Community Action teams are multi-stakeholder working groups with diverse membership including: municipal government; Indigenous partners; regional health authorities; front-line community agencies; Divisions of Family Practice; people and families with personal experience; and local provincial ministry offices, including housing, children and family development and poverty reduction services.

For more details on the state of the overdose crisis in Campbell River, click on [Here](#) to access a PowerPoint presentation by Dr. Charmaine Enns.

## What Else Has Your Division Been Up To?

Click [Here](#) to read a brief summary of our current activities.

Do you have an idea for a project or need some support? Please contact [Christine Colbert](#) or speak to a board director anytime.

## GOT PATHWAYS??

Let's have all physicians in Campbell River connected to Pathways! If you have not yet registered or require assistance in navigating Pathways, please contact [Julie Collis](#)





### **Walk With Your Doc Was a Great Success**

It was a beautiful day on Saturday, May 5 and we had a great group of physicians, clients, family members and even a few dogs join us on this years Walk With Your Doc. Thank you to all who participated and a special thank you to Tanya from "CBI Physiotherapy" and Dean from "Seafarer Physio" for the food, water and warm-up and cool-down exercises.



### **Rapid Access to Consultative Expertise (RACE)**

RACE is a prototype program designed to increase family physician access to specialist consultation and to improve communication and knowledge transfer between different care providers.

The RACE (South Island) App now provides direct access to local expertise in 13 local Specialties along with access to a further **15 Provincial Specialties** which include: *Vascular surgery, Sleep Disorder services, Trans Gender care, Addictions Medicine, Cardiac Transplant, and many others.*

**Registration** for this service is open for all Family Physicians (including Medical Residents) and Nurse

Practitioners island-wide. It takes less than 5 minutes by just downloading the RACEApp+ from your App Store and following the registration prompts. Once your registration is validated you will have immediate accessibility to all Specialties listed.

## UPCOMING TRAINING ~ WORKSHOPS ~ CMEs

### New Grant and Bursary Opportunities Available for Rural Physicians

**Rural physician research grants** - A new initiative run by the Rural Coordination Centre of BC (RCCbc) and supported by the Joint Standing Committee on Rural Issues enables rural physician researchers to apply for research grants of up to \$10,000 per year to support research activities. The Rural Physician Research Support Project aims to empower rural physician researchers – or new aspiring researchers – to pursue innovative rural research and knowledge translation projects contributing to advancing rural health in BC. The research must pertain to health in rural BC, and eligible applicants must have experience practising rural medicine and demonstrable extensive connections to rural communities. Click on Application Details below for more information. The deadline for the next round of submissions is **May 31, 2018**.

**Rural physician leadership bursaries** - Bursaries of up to \$15,000 per year are available through the Rural Leadership Development Project to support rural physicians' participation in formalized leadership training. The project aims to increase opportunities for rural physicians to pursue leadership training and develop skills and abilities to support system improvements that will benefit BC's rural populations. Participants will also be offered a mentoring opportunity with a rural leader through UBC CPD's [Rural Physician Mentoring Program](#).

Eligible applicants must have been working in an RSA community for at least nine months of the past year and have health authority and community support for the training. The next application deadline is **May 31, 2018**.

[Application Details](#)

[RCCbc Website](#)

### BC Emergency Medicine Network

For the latest Resources and Patient Apps, visit  
[BC Emergency Medicine Network](#)

### Diabetic Foot Guidelines for GPs

[The Guidelines](#)  
[The Pocket Chart](#)

### Survivorship Care Post Treatment for Prostate & Breast Cancer 2018

The Prostate Cancer Supportive Care (PCSC) Program for Vancouver Prostate Centre will be presenting the upcoming **Survivorship Care Post Treatment for Prostate & Breast Cancer 2018** event on Saturday, **Sept 29** | JW Marriott Parq Vancouver | Vancouver BC.  
**Target audience:** health professionals in primary care, family physicians, general

### UBC HEART FAILURE SYMPOSIUM 2018

In Collaboration with the Canadian Heart Failure Society and Cardiac Services BC

**Date:** JUNE 1st and 2nd

**Location:** Sheraton Vancouver Wall Centre, Vancouver

For Symposium Details and Registration, please

practitioners in oncology, allied health providers, residents, & medical students  
**Up to 4.75** Mainpro+/MOC Section 1

see their [Poster](#) and visit the [Website](#)

[REGISTRATION](#)

[POSTER](#)

### **Recovery Capital Conference of Canada**

Canada's premier addition recovery conference is being held September 6-7, 2018 in New Westminster, BC. Visit their [Website](#) to find out more information and to register.

### **CMAJ - Management of Opioid Use Disorders: A National Clinical Practice Guideline**

A copy of the guideline is available [Here](#)

## **COMMUNITY & PARTNERS NEWS AND RESOURCES**

### **Strathcona Community Health Network**

Click [Here](#) to find out what is happening within the Strathcona Community Health Network and our region.

A copy of the Vancouver Island West Childhood Resiliency Project - Report and Findings, March 2018 is available [Here](#).

### **The John Howard Society of North Island**

The latest **News and Notes** regarding the John Howard Society of North Island can be found [Here](#).

[Foundry Centre Summary Report](#) This April 2018 report provides a review and assessment of the Campbell River and District Division of Family Practice's collaborative work with the Foundry centre.

### **Bounce Back® - For Adults & Youths**

[Bounce Back®](#) teaches effective skills to help individuals (aged 15+) overcome symptoms of mild to moderate depression or anxiety, and improve their mental health. Participants can learn skills to help combat unhelpful thinking, manage worry and anxiety, and become more active and assertive.

Available for free across BC, Bounce Back® has been shown to help reduce symptoms of depression and anxiety by half, and over 90% say they would recommend it to a friend or family member. In addition to Bounce Back coaching through referrals, there is also a self-guided on-line program and Program is accessible through teleconference, internet delivery, and mail.

- There are 20 different workbooks to address different needs (multiple languages)
- Lower literacy materials are available
- Bounce Back also has services specifically for youth yet the uptake has been low – a suggested barrier is the age group is less likely to go their family doctor (if they have an FP) for support.

### **Medical Health Officers' Newsletter #297**

### **BCNPA's Annual Conference**

The BC Nurse Practitioners Association's 13th

Important information regarding:

- \* Rotavirus vaccine change;
- \* Updated national recommendation on pertussis vaccination in pregnancy;
- \* Dental Health: Recommend Families Use Fluoride Toothpaste as Soon as first Tooth Appears;
- \* Vibrio Cholera update.

Annual Conference is being held in Nanaimo this year - June 7-9, 2018. Please share this information with the nurse practitioners that may be attached to your clinic. More information may be found on their [website](#).

## BC Brain Injury Association (BCBIA) launches new Website

BC Brain Injury Association (BCBIA) recently launched its new [website](#), including an [online list of services](#) in BC that helps answer one of the biggest questions individuals with acquired brain (ABI) injury ask: "What kinds of services are available to support me in my recovery?" Brainstreams uses a broad definition of ABI, and created a user-friendly list with a mapping function intended to support patients and families struggling with traumatic brain injury, tumour, concussion and stroke.

Congratulations to our very own **Dr. Jeffrey Beselt**, recipient of the 2018 Canadian College of Health Leaders' Celebrating the Human Spirit Award. The award recognizes the meaningful contributions of individuals or teams who provide health services for acts of caring and compassion that go above and beyond the call of duty, inspire others, and have a profound and lasting impact. Click [Here](#) to read full article.



Please join us in wishing **Dr. Anne Morrison** and her family best wishes. Anne, past Board Chair of the CR & District Division of Family Practice, is leaving her practice at Hillside Medical Clinic and moving north to join her husband. Thank you Anne for your contribution to the Division and all the best in your new endeavours. You will be missed!



Campbell River and District Division of Family Practice  
Campbell River Hospital, Administration: CRB0308  
375 2nd Avenue, Campbell River, BC V9W 3V1

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