

**JANUARY/FEBRUARY 2018**

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# **Kootenay Boundary Division Dispatch**

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## **IN THE NEWS**

### **Support Our Future KB Docs**

Please consider supporting the KB Division Selkirk Pre-Med Scholarship for 2018. Every donation is tax deductible and will be matched by the Division.

**Just In:** Castlegar's Hospital Auxiliary has donated \$2,000 to KB Division Scholarship!

*Doctors who train rural, remain rural.* **[Click here to support the scholarship](#)**

## **CLINICAL SUPPORTS**

### **NEW Child and Youth Mental Health Substance Use Family Supports and Referral Tool.**

The CYMHSU Pathways to Care tool helps families navigate the supports available to them and their child:

**[Download Castlegar Pathways to Care](#)**

**[Download Nelson Pathways to Care](#)**

**[Download Trail Pathways to Care](#)**

And the **CYMHSU Referral Matrix** provides a list of referral resources available to physicians and their patients.

**Questions?** Please contact Rachel Schmidt, Project Manager at [rschmidt@divisionsbc.ca](mailto:rschmidt@divisionsbc.ca)

## **CORRECTION! Post Natal Depression Scale**

In December the Edinburgh Post Natal Depression Scale was distributed to all clinics with the objective of supporting the assessment of new mothers for signs of depression. **The instructions for scoring the scale have been updated. Please download and use this version in your clinic.**

## **Newborn Supports**

**This 1 pager outlines Newborn Support Services available in Kootenay Boundary communities**, including: Maternity care for new parents, Breastfeeding support, Child Health Clinic Services, Education and Peer supports – [click here to download](#).

## **Opioid Treatment and Management Practice Resources**

GPSC incentives fees and provincial resources to support opioid prescribing and pain management and the care of patients with addiction challenges, including opioid use disorder. A **summary of GPSC incentives** demonstrates how doctors can apply these specific fees. For a list of additional provincial resources currently in place, [click here](#).

## **NEW BC Palliative Symptom Management Guidelines**

The new SMGs are a single provincial resource that provides inter-professional clinical direction for the non-pharmacological and pharmacological management of fifteen (15) common palliative symptoms experienced by people facing advancing life limiting illnesses.

[Click here to download the guidelines](#)

[Click here to view a video orientation to the new guidelines](#)

# OFFICE EFFICIENCY

## **Patient Confidentiality? Prove It!**

Physicians are accustomed to maintaining patient confidentiality, what's different now is that they need to be able to prove it. **A new toolkit has been produced** including a 1 page fact sheet, modules for each privacy principle/guideline, a set of tips and checklists and customizable privacy policy, confidentiality and information sharing agreements. [Click here to access the toolkit.](#)

## **Managing Your Passwords**

Frustrated by the number of passwords you have to keep track of in your daily life as a professional? **Find out what Dr. David Topps did** that changed his practice for the better.

# Upcoming Events & CPD Opportunities

## **34th Annual Kootenay Conference**

23 February, Rossland – [Click for more info and to register](#)

## **CARE Course**

13-14 April, Castlegar – **Save the Date**

## **Transforming Our Work, Thriving in Medicine - Save the Date**

13-14 April, Castlegar – **Save the Date**