

Doc Talk

Your monthly update from the Chilliwack Division of Family Practice

Welcome Back!

Hope you've had a wonderful summer! This month's issue of Doc Talk brings you up to speed on what's been going on at the Division. For more frequent updates, [subscribe to our blog](#), which features new posts regularly.

A GP for Me: Approved for Implementation

The Division's Implementation Proposal for A GP for Me has been approved by the GPSC! Through the Assessment and Planning Phase, six integrated strategies that leverage and build on existing resources and partnerships were identified to help improve access and attachment to primary care providers.

- 1. Patient Attachment Mechanism**
- 2. Chilliwack Primary Care Clinic Enhancement**
- 3. Hope Clinic Expansion and Fraser Canyon Outreach**
- 4. Physician Recruitment and Retention**
- 5. Physician Practice Support and Coaching**
- 6. Community Education**

Learn more about these strategies here. We are excited to begin this next phase and would like to sincerely thank everyone who has been involved for their valuable input and dedication towards making the proposal a success.

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A GP for Me Implementation Proposal Approved!

Healthy Kids Initiative Supports MEND

The Healthy Kids Initiative is in full support of MEND (Mind, Exercise, Nutrition, Do it!). Funded by the Ministry of Health, this is a free 10-week program where children aged 7 to 13 who are above a healthy weight and their families learn to develop behaviors that support sustainable, healthy lifestyles. Click [here](#) for more information about the program. For registration, please contact [Andrea Gieselman](#). For media inquiries, please contact [Karen Strange](#).

Sep. 18: Physician Meet and Greet

The Division will be hosting a meet and greet for new physicians in our community. Scheduled for September 18 at Camp River Hall, the event will provide an informal opportunity to meet and socialize with colleagues and community members. The event runs from 5:30 till 8 pm and dinner is served till 7 pm. To RSVP, please email [Elly Meyerink](#).

Chilliwack Hospice Society, in partnership with the Division hosts the Bucket List Festival

This public education event, scheduled for Saturday, September 27 will provide information about dealing with the challenges of aging, poor health and mobility issues and the challenges they pose to living well. Dr. Chantal Chris, representing the Division will be speaking on "How to Really



Next MEND Cohort Begins Oct. 2. Register now!



Sep 18: Physician Meet and Greet

Time: 5:30 am - 8 pm. Dinner served till 7 pm

Location: Camp River Hall. 50246 Camp River Road, Chilliwack



"Talk" with Your Doctor." Other presenters include Dr. Pippa Hawley, Palliative Care Specialist, BC Cancer Agency & founder of the Bucket List Festivals, and Cari Borenko Hoffman, Fraser Health Advance Care Planning Project Coordinator. [Click here](#) to view the agenda. For the full press release, [click here](#).

Sep 27: Bucket List Festival

Time: 9:30 am - 2 pm

Location: Chilliwack Cultural Centre at 9201 Corbould Street

[Click here](#) for the agenda.

[Click here](#) for the press release.

Sto:lo Nation Children's Festival

As part of the Division's Healthy Kids Initiative, we were out and about at the Sto:lo Nation Children's Festival on August 13. With approximately 1000 attendees and participants, the event proved to be an excellent opportunity to connect with children and adults to promote the Healthy Kids Initiative's Live 5-2-1-0 message. The spinning wheel, donated generously by ACE Signs and Awning, was a hit, with kids from 3 to 13 years old lining up to play. From jumping jacks to hula hoops and push-ups to running, the kids were enthusiastic to get moving. Pedometers, courtesy of Doctors of BC, were a great incentive to get kids playing the spinning wheel. Check out the [Chilliwack Division of Family Practice's Facebook page](#) for pictures from the event! Full report and local coverage of the event by The Valley Voice is available [here](#).



[Snaps from Sto:lo Nation Children's Festival](#)

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