



Your source for the latest news, events and happenings at the Chilliwack Division of Family Practice.

Doc Talk- Oct. 2014

Your monthly update from the Chilliwack Division of Family Practice

Welcome!

As fall sets in, things are getting busy and busier at the Division. This month's issue of Doc Talk brings you up to speed on what's been going on at the Division. For more frequent updates, [subscribe to our blog](#), which features new posts regularly.


Hospital Care Program: Roles & Responsibilities Update

The Primary Care Clinic is looking for HCP physicians to do Meet & Greets with patients who are new to the Primary Care Clinic. This would amount to a 30 minute history-taking interview. Following this, the HCP physician would continue with the rest of their shift, leaving 2.5 hrs for rounds on medical and surgical patients. Please click [here](#) to read the request by HCP Physician Lead, Dr. Meghan Newcombe or contact [Elly Meyerink](#) for more information.


Congratulations, Dr. Chris! Winner of the Above & Beyond Award


For the past five years, Dr. Chantal Chris has been involved in organizing and promoting the UBC Family Practice Residency Program, "Mini Med School". This annual series of presentations made

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Congratulations, Dr. Chris!
Winner of the Above & Beyond Award

Find out more about the Above and Beyond Award and see the video [here!](#)

by family practice residents and other health professionals on important health topics is open to the public free of charge. Dr. Chris has been recognized for her central role in leading Mini Med School, above and beyond providing care to her patients in her regular practice. On behalf of the Division, we would like to offer Dr. Chris hearty congratulations on this outstanding achievement! Watch the video [here](#).

Oct 17: BC Physician Integration Workshop

The [BC Physician Integration Program](#) (BC-PIP) invites you to attend an interactive workshop to supervise physicians effectively, work with and evaluate your provincially licensed IMGs. Workshop highlights include 1) The College's current expectations of physician supervisors of IMGs on BC's Provincial Register, 2) Assessment, feedback and evaluation of your IMGs, 3) Ethical and legal issues related to supervision and 4) Cultural sensitivity and diversity awareness. [Click here](#) to see the invitation. Download the brochure [here](#). Registration details are available [here](#).

STOPP Study: Improving Prescribing Outcomes

The Physicians Data Collaborative is collaborating in a nationally funded study with UBC Department of Family Practice, to assess how the OSCAR EMR and its decision support tools help improve prescribing in the elderly. OSCAR EMR using members are invited to participate in this study, which begins at the end of 2014 and lasts for about 4 months. Practices and their EMR service providers will receive compensation for participation in the study. If you are interested in learning more, there will be



6.0 BC PHYSICIAN INTEGRATION PROGRAM FACULTY DEVELOPMENT WORKSHOP

FOR SUPERVISORS OF INTERNATIONAL MEDICAL GRADUATES ON THE COLLEGE OF PHYSICIAN AND SURGEONS OF BC'S PROVINCIAL REGISTER
OCT 17, 2014 1PM - 5PM VANCOUVER, BC

PROGRAM	PROGRAM
10:00 Registration & Continental Breakfast	10:00 Assessment, Feedback and Evaluation of your IMGs - Practical Skills for the Supervisor (Dr. Chris)
10:30 Research & Evidence	10:30 Cultural Sensitivity and Diversity Awareness
11:00 Assessment, Feedback and Evaluation of your IMGs - Practical Skills for the Supervisor (Dr. Chris)	11:00 Medical Ethics for the Supervisor (Dr. Chris)
11:30 The Medical Council's Expectations of Physician Supervisors of IMGs on BC's Provincial Register (Dr. Chris)	11:30 Cultural Sensitivity and Diversity Awareness
12:00 Lunch (12:00 - 12:30)	12:00 Medical Ethics for the Supervisor (Dr. Chris)
12:30 The Medical Council's Expectations of Physician Supervisors of IMGs on BC's Provincial Register (Dr. Chris)	12:30 Cultural Sensitivity and Diversity Awareness
1:00 The Medical Council's Expectations of Physician Supervisors of IMGs on BC's Provincial Register (Dr. Chris)	1:00 Cultural Sensitivity and Diversity Awareness
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Oct 17: BC Physician Integration Workshop

- Links for: [Invitation to Workshop](#)
[Workshop Brochure](#)
[Workshop Website](#)
[Workshop Registration](#)



Every Door is the Right Door: Finalist for Premier's Award!



MEND 7 - 13 Oct. Cohort

a webinar on Wednesday, October 22nd from 7:30 - 8: 30 am or 5 - 6 pm. [Click here](#) for more information.

Every Door is the Right Door: Finalist for Premier's Award

Congratulations to the [Chilliwack Child and Youth Committee](#) for the prestigious honor of being selected as a regional finalist for the 2014 Premier's Award for Every Door is the Right Door. This community initiative has created momentum and community success through the strong partnerships and collaboration between agencies as well as a desire to streamline services. The Division is proud to be a part of this exemplary initiative, through the [Healthy Kids Initiative](#).

Chilliwack Newcomer Connections' Community Health Conversation

Chilliwack Community Services' [Chilliwack Newcomer Connections](#) hosted their second community conversation, "Staying Healthy in Canada." Held on September 30 at the Evergreen Hall, this evening information session covered topics intended to help immigrants and newcomers to the community in accessing the health care they need. Speakers from service-provider agencies addressed issues such as health insurance, vaccinations, healthy eating and available community resources. Katrina Beppe, Programs Lead for the Division engaged with community members on how to find a family doctor and how to access your primary care provider appropriately.

Starting Oct. 2: Two sessions a week, for 10 weeks

Location: Chilliwack

Neighbourhood Learning Centre

Registration: Contact Andrea Gieselman, Program Manager at 604-799-3732 or via email at agieselmanymca@gmail.com



Chilliwack Community Services Community Health Conversation

Physician Meet & Greet

Hosted at the Camp River Hall on September 18, the annual Physician Meet & Greet, an initiative of the Division's Recruitment and Retention Committee, was a huge success. We would like to thank all our doctors and their families for attending.

Want to Get Involved in Live 5-2-1-0 with Local Schools?

Help Chilliwack students learn the value of daily playtime by taking part in the [Be Active Every Day Challenge](#). As part of this Doctors of BC initiative, participating physicians visit the local elementary school of their choice with a plan to lead students in a month-long activity program. The time commitment is only a few hours at the beginning of the challenge to get the kids started, and then again in the final week to wrap things up. Central Community School is also partnering with the Division's Healthy Kids Initiative to include the Live 5-2-1-0 message and a health literacy component to their after school program. The program serves nearly 40 students in grades 3 to 6, connecting youth in crisis with a caring community of support. The Live 5-2-1-0 learning sessions include presentations and interactive games. To get involved with Be Active Every Day or with the Central Community School's program, please contact [Katrina Bepple](#).

Chilliwack Healthier Community Information & Networking Breakfast

The Chilliwack Healthier Community has kicked off



Just 7% of kids are meeting the Canadian Guidelines of one hour of fitness per day.

Let's challenge kids to **Be Active Every Day** November 3 - 28

BE ACTIVE EVERY DAY is a program from Doctors of BC to help school age children be more active and make healthy choices. Doctors across the province are collaborating with their local schools in a month-long challenge that encourages one hour of activity and play time every day throughout November.

The challenge gives kids the opportunity to learn about health, nutrition, and fitness from a medical professional. Kids will be able to track their progress through print and online activities that help them set goals and make the most of their minutes.

In addition to the 2015 FIFA Women's World Cup coming to Canada, soccer stars **Trinity Dunne** and **Michelle Goh** of the Canadian Women's National Team will be champions for **Be Active Every Day** and motivate kids to keep moving each week through a series of videos and an activity book.

How it works:

- 1. Selected doctors of BC will connect one with a local Elementary school who will lead the challenge.
- 2. Doctors of BC will provide an official start and end to the challenge in November.
- 3. Host local doctor will welcome students to the challenge November 3 with videos and promotional items.
- 4. Throughout the challenge kids will have the opportunity to sit down to conversations in a variety of school settings.
- 5. By November 28 the host doctor will celebrate the win accompanied by providing certificates and prizes to the students and their families.

For any questions or more information:
Contact BeActive@doctorsofbc.ca
or call [604-276-2222](tel:604-276-2222)

doctors of bc

Nov. 3-28: Be Active Every Day Challenge

Visit [Doctors of BC Be Active Every Day](#) for more information.

its monthly Information and Networking Breakfasts. The breakfasts are an excellent opportunity for service providers to increase their knowledge and understanding of, and collaboration with local resources and community-based programs. This month's breakfast is scheduled for October 28 at 8:30 am at the Chilliwack Cultural Centre. The October event will include presentations from Big Brother Big Sisters, Fraser Healthy Options Clinic and the Pacific Community Resource Society, in partnership with the Chilliwack Health and Housing Society.

MEND Cohort Kicks Off Oct. 2

MEND is a potentially life-changing program that empowers and inspires children and families to lead healthier and happier lives. MEND works with families to change unhealthy attitudes about food and activity (Mind), stay active on a regular basis (Exercise), learn how to choose foods that are tasty and healthy (Nutrition) and to take action to maintain a healthier lifestyle- for life (Do It!). Running for 10 weeks, twice a week, the program will be held at the Chilliwack Neighborhood Learning Centre. More information available [here](#). For registration, please contact [Andrea Gieselman](#). For media inquiries, please contact [Karen Strange](#).

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