

Doc Talk- October 2015

Your monthly update from the Chilliwack Division of Family Practice





Updates to Division Board of Directors and Program Structure

Welcome to incoming members of the Chilliwack Division's Board of Directors, Dr. Ray Green and Dr. Roudabeh Hassani. Sincere gratitude also to exiting board members, Dr. Gord Enns, Dr. Alison Henry and Dr. Theresa Szezepaniak for their service over the past year. We would also like to extend our welcome to new Residential Care Initiative leads: Dr. Erin Lynch (Chilliwack), Dr. Wayne Phimister (Agassiz) and Dr. Ray Green (Hope).

Doctor of the Month

Dr. Joshua Greggain has been practicing as a family physician in Hope for 10 years. During his first 2 years here, he did locums and then opened up his own full-time office practice, which has been running for the past 8 years. He also works at the Fraser Canyon Open Access Clinic twice a month and at the Anderson Creek Rural Satellite Clinic 2 to 3 Wednesdays every month. In addition to following his patients in hospital, he participates in group rounds on weekends and is part of the team that provides 24/7/35 emergency care. Dr. Greggain's other work includes administrative work with the Chilliwack Division of Family Practice, with A GP for Me, facilitation for Telehealth and Medical Director at Fraser Canyon Hospital. Commenting on practicing in Hope, he likes being able to see his patients in office, follow them to the hospital and take care of them there, through discharge and eventually see them in back in his office. He adds, "Since we are a small community, we get to know our patients

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Doctor of the Month

Dr. Joshua Greggain



Doctors participate in GPSC Visioning Process

more closely and are heavily invested in their health care. We have a great team to be working with. They make work enjoyable and fun and easier to handle through the rough patches." Prioritizing time for family and maintenance of work-life balance, in his spare time he indulges in hiking, snowboarding and walking along the river.

A GP for Me Update

Here's your monthly A GP for Me update on how the Patient Attachment Mechanism (PAM) has been working, for the month of August.

of calls to the PAM hotline (initial intake calls only): **1,582**

of completed PAM intake forms: **1,359**

of patients that filled out a PAM intake form but found a GP independent of PAM: **115**

of patients referred by PAM to a community GP: **148** (complex: **80**, simple healthy: **68**)

of Chilliwack doctors accepting patients: **24**

of primary care clinics directly accepting patients: **2** (Hope Medical Centre and Agassiz Community Health Centre)

Total number of patients referred out so far:

1,178 (complex: **613**; simple healthy: **565**)

If you are able to accept any patients into your family practice, [please let us know](#).

Congratulations to Dr. Greggain and Dr. Hirst!

Our heartfelt congratulations to Dr. Greggain and Dr. Hirst - Recipients of the Fraser Health Above and Beyond 2015 Awards, for the categories of Service Delivery Excellence and Collaborative Partnerships respectively. These exceptional award winners are being recognized for going above and beyond, giving their energy, focus, effort, and time, to provide primary care, services and supports to patients, caregivers, and to the larger community they are part of.

Division Members Participate in Visioning Engagement Session

Following the 2015 Annual General Meeting, Division members shared their views on the future



Be Active Every Day Challenge to be held at Chilliwack and Hope Schools



A Second of Change: Change Day BC gets ready to wrap up



Dr. Greggain - Recipient of Fraser Health Above and Beyond Award 2015 for Service Delivery Excellence



Dr. Hirst - Recipient of Fraser Health Above and Beyond Award 2015 for Collaborative Partnerships

of primary care and of family practice as part of the GPSC Visioning Process. In addition to providing an avenue for knowledge sharing and information exchange, the session focused on discussing the current primary care landscape and opportunities for change in BC as well as current gaps in primary care and how these gaps impact practice for family doctors. Other themes that emerged included current evidence for best practices in primary care, identifying patient, family and community needs for primary care, and recognizing how family doctors wish to practice primary care, as well as what needs to change to make that happen.

3 GPs, 1 NP lead Be Active Every Day Challenge at 5 schools in Chilliwack & Hope

Returning to town for the third year, the [Be Active Every Day Challenge](#) has received enthusiastic response from primary care providers and from schools. As we prepare to roll-out the challenge at Coquihalla Elementary School, FG Leary Fine Arts Elementary School, Greendale Elementary Community School, Rosedale Traditional Community School and Watson Elementary School, we extend sincere gratitude to our local primary care providers for their commitment to starting younger patients on the track of healthy living this October.

First Link Referral Program Info Session

Alzheimer's Society of BC is offering information sessions for interested health care professionals about their [First Link referral program](#). This presentation aims to provide information to the health care professionals who would be referring individuals diagnosed with Alzheimer's Disease, related types of dementia or MCI as well as their caregivers or family members to the First Link program. The presentation will explain the formal referral process and all participants receive an information package with formal referral forms to take away with them. Please [let us know](#) if you or



Working together to link individuals and families affected by Alzheimer's disease to a network of learning, services and support as early as possible in the disease process.

What is First Link?

- **Partnership with physicians, health professionals and community organizations**
- **Formal Referral or Link to a Specialist is made by the doctor or nurse**
First Link will send a notification to each primary care provider who makes the referral to the individual or family.
- **Proactive outreach to individuals and families**
First Link staff: telephone, email or in-person before calling to determine to whom the program will be most useful or most applicable.
- **Information and connections to Alzheimer Society programs and services, and referrals to other resources** and health care services
- **Followed follow up to 3 months, 6 months, one year, and a bi-annual First Link update** to help enhance other services and support programs available throughout the community.

Who is eligible for First Link?

- Individuals with a diagnosis of Alzheimer's disease or a related dementia
- caregiver
- Family member
- Individuals with a diagnosis of Mild Cognitive Impairment

Why refer?

- It is often difficult for individuals and families to ask for help
- Information and support will help patients and families cope with their condition
- Planning for the future is essential
- There are community and health care services that families need to know about
- With knowledge and skills, people are able to maximize quality of life while living with dementia



Ministry of Health Services

Alzheimer Society
OF BRITISH COLUMBIA

First Link Referral Program

Please [let us know](#) if you would like to host an info session

your colleagues may be interested in hosting this
15 - 20 minute session.

What Does a Second of Change Look Like to You? #ChangeDayBC

What is Change Day to you? Whether it is you acting on your pledge, a local Change Day celebration, a moment with a colleague or patient, or something as simple as a facial expression – capture a short video clip (and we mean short: 3 seconds or less!) and send it to Change Day BC for inclusion in the wrap-up video. [Click here](#) for more information.

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