

# Doc Talk- May 2015

Your monthly update from the Chilliwack Division of Family Practice

## Welcome!

From Walk with your Doc and a community forum to workshops abound, there's plenty going on this month at the Division and beyond.

## Upcoming dates:

### Walk with your Doc

- Chilliwack (May 8)
- Agassiz (May 14)
- Hope (May 23)

Are you a doctor who is passionate about promoting health to patients?

Walk With Your Doc is an annual event celebrating daily movement for better health. This year Walk with your Doc in Chilliwack has teamed up with the City of Chilliwack to also be Walk with your Mayor! Join us for a walk with your patients in:

- **Chilliwack:** On Friday, May 8, 12 pm at Townsend Park
- **Agassiz:** On Thursday, May 14, 12:30 pm at the Agassiz Fitness/Activity Centre
- **Hope:** On Saturday, May 23 at 9:00 am at Hope Memorial Park

Like doctors across the province, encourage your patients to get moving and take steps towards better health this May. Light refreshments, free pedometers (while supplies last) and lots of fun await! Register online at [www.walkwithyourdoc.ca](http://www.walkwithyourdoc.ca), call 604-795-0034 or RSVP to [Asma Farooq](mailto:Asma.Farooq).

## CONNECT WITH US

 [Like us on Facebook](#)

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 [Read our blog](#)

Get in touch with us

 at [chilliwackdfp@divisionsbc.ca](mailto:chilliwackdfp@divisionsbc.ca)

### Join us at the Partners in Health Care Community Forum

The Chilliwack Division of Family Practice will be sharing A GP for Me strategies that aim to improve your access and attachment to primary care providers

**When:** May 19, 2015

**Time:** 6:00pm – 8:00pm

Light Refreshments Provided

**Where:** Neighbourhood Learning Centre  
next to Chilliwack Secondary School  
46361 Yale Road, Chilliwack

**How:** Registration is free but encouraged

Register at:

[www.divisionsbc.ca/chilliwackforum](http://www.divisionsbc.ca/chilliwackforum)  
Phone: 604-795-0034

#### Purpose of the Forum

The Chilliwack Division of Family Practice, which represents family doctors and nurse practitioners in Chilliwack, Agassiz-Harrison, Seabed Island, and Hope, will discuss strategies being implemented as part of the A GP for Me initiative including:

- PAM (Patient Attachment Mechanism)
- Chilliwack Primary Care Clinic
- Physician Recruitment & Retention
- Practice Support & Coaching
- Community Education

The Partners in Health Care Community Forum will discuss how primary care is changing for the better in our community.


#### Who is the Division of Family Practice?

"We are family physicians and nurse practitioners working together to improve primary care and achieve positive health care goals."

A GP for Me is a province-wide initiative of the Government of BC and the Doctors of BC. It aims to support provider-patient relationships and improve access to primary care providers for those British Columbians who want care.

See [www.divisionsbc.ca/chilliwack](http://www.divisionsbc.ca/chilliwack)

 [facebook](#)  [@CDFAbc](#)

 **Chilliwack**  
Division of Family Practice  
A GPSC initiative

#### Did you know?

• The Chilliwack Division represents 237 physician members and 8 nurse practitioners in Chilliwack, Agassiz/Harrison and Hope.

• There are various options available for after hours care in Chilliwack.

• You can now call a toll-free number if you do not have a primary care provider and would like to find one.

Join in the conversation about improving access to primary care and show your support for these hard working health care professionals at the Partners in Health Care Community Forum!

## Chilliwack Partners in Health Care Community Forum

**Date:** May 19

**Time:** 6 pm - 8 pm

**Location:** Neighbourhood Learning Centre, next to Chilliwack Secondary School at 46361 Yale Road, Chilliwack

[To register, click here](#)

## May 19: Chilliwack Partners in Health Care Community Forum

Join us as we share A GP for Me strategies that aim to improve access and attachment to primary care providers. Attend the forum to find out how primary care is changing for the better in our community. For example, did you know that there are various options available for after-hours care in Chilliwack? Learn about how you can find a family doctor or nurse practitioner if you don't have one, and if you do have one, how you can have a better relationship with them. Strategies that will be discussed include:

- PAM (Patient Attachment Mechanism)
- Chilliwack Primary Care Clinic
- Physician Recruitment & Retention
- Practice Support & Coaching
- Community Education

Join in the conversation about improving access to primary care and show your support for the hard working health care professionals at the Chilliwack Partners in Health Care Community Forum! Light refreshments served. To register, [click here](#), call 604 795 0034 or RSVP to [Asma Farooq](#). Please feel free to distribute this invitation widely.

## Nurse Practitioner of the Month

Featured this month is Angie Fast, Nurse Practitioner and former Site Leader at Chilliwack General Hospital. She has been practicing for 4 years and likes working here because of Chilliwack's diverse population, friendly community and the "team" approach to health care.

Her scope of practice ranges from infant all the way to seniors' care and includes ordering diagnostics, labs and prescriptions as required and referring to specialist when appropriate. Angie's involvement with the Division includes working with team members here to improve and expand the Primary Care Clinic and to meet the needs of the unattached people in Chilliwack.

She shares that the Division's role is to



### Walk with your Doc- Chilliwack

**Date:** Friday, May 8

**Time:** 12 pm - 1:30 pm

**Location:** Townsend Park

[To register, click here](#)



### Walk with your Doc- Agassiz

**Date:** Thursday, May 14

**Time:** 12:30 pm - 1:30 pm

**Location:** Agassiz Fitness/Activity Centre at 6660 Pioneer Avenue

[To register, click here](#)

"Help educate and improve health knowledge and assist with finding a primary care provider for individuals that do not have one in this community." Her hobbies include ice hockey, hiking, camping, travelling and enjoying family time. She offers advice on living and eating well, saying "Try to incorporate healthy eating and exercise into your daily routine."

## A GP for Me Update

Here's your monthly A GP for Me update on how the Patient Attachment Mechanism (PAM) has been working, for the month of March. We're pleased to announce that over 500 patients have been attached through this mechanism!

# of calls to the PAM Hotline (initial intake calls only): **138**

# of completed PAM intake form: **136**

# of A GP for Me patients referred out: **88**  
(complex: **33**, healthy: **55**)

# of doctors accepting patients: **29**

Total number of patients referred out so far: **530**  
(complex: **278**, healthy: **252**)

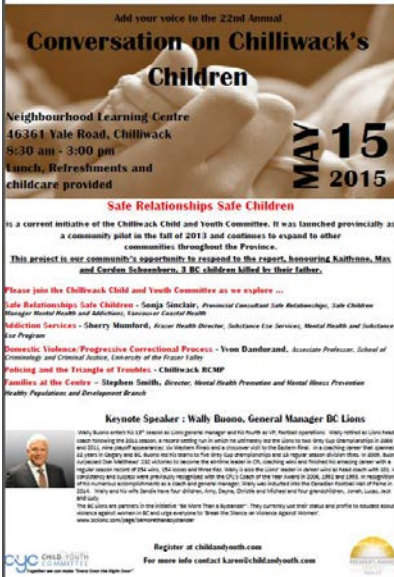
If you are able to accept any patients into your family practice, [please let us know](#).

## Connected Terminal in Physician Lounge

We are pleased to provide Wifi connection to physicians in the physician lounge at Chilliwack General Hospital, to enable you to access your office EMR and online resources. This connected terminal can be accessed from your smartphone, tablet and notebook.

## Death & End of Life Protocols Workshops

First Nations Health Authority and Fraser Health have partnered with [Sumas First Nation](#) and with [Kwantlen First Nation](#) to offer free workshops that address death and end of life protocols on May 28 and June 10, respectively. The workshops are an excellent learning opportunity about cultural ceremonies and traditions honored. They are being conducted to help strengthen partnerships with agencies, first responders and health care



Add your voice to the 22nd Annual  
**Conversation on Chilliwack's Children**

Neighbourhood Learning Centre  
46361 Yale Road, Chilliwack  
8:30 am - 3:00 pm  
Lunch, Refreshments and childcare provided

**MAY 15 2015**

**Safe Relationships Safe Children**  
is a current initiative of the Chilliwack Child and Youth Committee. It was launched provincially as a community pilot in the fall of 2013 and continues to expand to other communities throughout the Province.  
This project is our committee's appreciation to the report, honoring Kathleen, Max and Corbin Schanzberg, 3 BC children killed by their father.

Please join the Chilliwack Child and Youth Committee as we explore ...

**Safe Relationships Safe Children** - Sonja Sinclair, Provincial Consultant Safe Relationships, Child Care Manager, Mental Health and Addictions, Franciscan of Coastal Health

**Substance Services** - Sherry Mansfield, Fraser Health Director, Substance Use Services, Mental Health and Substance Use Programs

**Domestic Violence/Progressive Correctional Process** - Yvon Dandaram, Associate Professor, School of Criminology and Criminal Justice, University of the Fraser Valley

**Police and the Triangle of Troubles** - Chilliwack RCMP

**Families at the Centre** - Stephen Smith, Director, Mental Health Promotion and Mental Illness Prevention, Health Populations and Development Branch

**Keynote Speaker: Walt Buono, General Manager BC Lions**  
Walt Buono enters his 13th season as Lions general manager and his fourth as VP, football operations. He's helped the Lions reach Super Bowl XXXV, a record setting run in which he ultimately led the team to their first Super Bowl championship in 2005. Buono has coached and managed the Lions for 21 years in Calgary and St. Louis and has been a part of the Lions' success in winning the Grey Cup in 1994, 1995 and 1996. Buono has worked for the CFL since 1987 and has been a part of the CFL's growth in Canada, USA, and Europe. He has worked with the CFL's youth and women's programs and has been a part of the CFL's growth in Canada, USA, and Europe. He has worked with the CFL's youth and women's programs and has been a part of the CFL's growth in Canada, USA, and Europe.

Register at [childandyouth.com](http://childandyouth.com)  
For more info contact [karen@childandyouth.com](mailto:karen@childandyouth.com)

## 22nd Annual Conversation on Chilliwack's Children

**Date:** Friday, May 15

**Time:** 8:30 am - 3 pm

**Location:** Chilliwack Secondary School at 46361 Yale Road

[Register here](#)



*Jump on the Bandwagon!*

16th Annual Canadian Collaborative Mental Health Care Conference

June 18-20, 2015, Sheraton Cavalier, Calgary, Alberta  
Early Bird Registration ends May 19, 2015!

[Register Now!](#)

### The Legacy

The Canadian Collaborative Mental Health Care Conference is the leading national conference focused on research and innovation in collaborative mental health care and addictions service delivery within primary care. In its 16th year, the Conference will encourage physicians, nurses, psychologists, counselors, other health care professionals, patients and family members to "jump on the bandwagon" of collaborative, team-based mental health care.

Click [here](#) to register for this year's conference!

### Workshop Spotlight

The core CCMHC Conference takes place June 19-20 and features unique and interactive workshop sessions that will explore topics including:

- The First Nations Mental Health Wellness Continuum Framework
- Adverse Childhood Experiences (ACEs)
- Child and Adolescent Mental Health Toolkits Updated for DSM-5
- Delivering Trauma-Informed Care within the Patient's Medical Home
- Pathways to Owning your Own Mental Health
- Bridging the Gaps for Complex Pain Patients
- and much more!

## 16th Annual Canadian Collaborative Mental Health Care Conference

**Date:** June 18 - June 20

**Time:** 6 pm - 8 pm

**Location:** Sheraton Cavalier, Calgary

[To register, click here](#)

providers who interact with families that are dealing with end of life or grief. This training has been proven to prevent further impact on grieving families and enables them to follow their cultural practices without barriers.

## May 28: Webcast Intro to EMR Toolkit

The End of Life (EOL) Knowledge Translation Project Team, in partnership with the BC Cancer Agency's Family Practice Oncology Network invites primary care physicians and MOAs to a live Webcast introduction of an EMR toolkit based on the General Practice Services Committee Practice Support Program EOL Care Module and Algorithm. For more information, email [Joanna Pyke \(Project Coordinator\)](mailto:Joanna.Pyke@bc.ca) or call 1-855-999-4731.

## Advanced Care Planning - iGAP Study

There is an important opportunity to contribute to research that is trying to understand the barriers clinicians and patients face when engaging in ACP and to develop some tools and resources so that advanced care planning can be better integrated into the primary care setting. The i-GAP study is being conducted at several sites throughout Canada with the support of the College of Family Physicians of Canada as well as other stakeholders. Please consider completing an online survey that will help improve understanding of what issues you face when trying to engage in high quality ACP. This survey is for family physicians/general practitioners, nurses (RN/RPN, NP, APN, CNS) and other allied health professionals working in family practice. It takes approximately 15-20 minutes to complete. For more information about i-GAP, [click here](#). If you are interested in completing the survey, please contact Project Assistant, [Shawna Froese](#).



Physician Lounge - Chilliwack General Hospital

**Attention Primary Care Physicians and MOAs using Med Access, Profile, or Oscar EMR**

The End of Life (EOL) Knowledge Translation Project Team in partnership with the BC Cancer Agency's Family Practice Oncology Network invite you to a live Webcast introduction of an EMR toolkit based on the General Practice Services Committee Practice Support Program EOL Care Module and Algorithm.

**Webcast date:** Thursday, May 28, 2015, 8:00-9:00 a.m. at [cmc@pos.ca](mailto:cmc@pos.ca) (PDT)

**Speakers:** Dr. Bruce Hobson, Powell River Family Physician and Joanna Pyke, Project Coordinator

**Benefits:**

- See a demo of the EOL, D&G tool features and functions, including an objective data dashboard, sample medications and visit templates, EOL built in referral form, and consolidated family and great follow-up forms
- Receive gift cards by taking part in an evaluation on the use of the toolkit: \$100 per physician and \$50 per MOA, for each data collection activity
- Gain an opportunity to receive one M1 credit (physicians only) by providing feedback on the toolkit at a follow up Focus Group Session

**Free registration by May 22:** <http://health.bc.ca/whomohda/webcast/signup>

**To join the webinar:**

1. Download Adobe Flash Player <https://get.adobe.com/flashplayer> (version 11.3 or later)
2. Test your computer a few days before: <http://www.adobe.com/flashplayer/verify>
3. Test your audio (use headphones for the best sound)
4. Close all other programs on your computer
5. Go to <http://www.lynx.ca>
6. Click the top button "Enter as a Guest"
7. Type in your full name and click "Enter Room" (wait 5-10 seconds)
8. Audio will start at 8:00 a.m.

If you have any questions, please contact: Joanna Pyke (Project Coordinator) at [jpyke@bc.ca](mailto:jpyke@bc.ca) or 1-855-999-4731

## Live Webcast Introduction of an EMR Toolkit

**Date:** May 28

**Time:** 8 am - 9 am

**Location:** Sheraton Cavalier, Calgary

For more information, call 1-855-999-4731 or email [Joanna Pyke \(Project Coordinator\)](mailto:Joanna.Pyke@bc.ca)

**Fraser Canyon HOSPICE SOCIETY**  
Celebrating 20<sup>th</sup> Anniversary

**10th Annual HIKE FOR HOSPICE**

**SATURDAY, MAY 23, 2015**  
AT THE MEMORIAL PARK  
Late Registration begins at 9am  
Start Time: 10:30am  
Registration \$10. Children under 13 free

**WALK, RUN OR ROLLERBLADE**  
A 2KM OR 5KM ROUTE.  
(Wheelchair & stroller accessible, pet friendly)  
Entertainment & refreshments provided!

Registration forms are available at the Hospice Office: 1275 7th Ave. or online: [frasercanyonhospice.org](http://frasercanyonhospice.org)  
404-860-7713 / [info@frasercanyonhospice.org](mailto:info@frasercanyonhospice.org)

All funds raised will go to assist in furnishing the new hospice program room, as well as supporting programs and services offered to the terminally ill, family caregivers and the bereaved in our community.

**SUPPORTED BY:** Chilliwack Division of Family Practice "Walk with your Doc"

**SPONSORED BY:** Hope Auto Body Ltd. **envision** PHARMASAVE  
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**PRIZES FOR TOP FUNDRAISING INDIVIDUAL AND TOP TEAM**

## May 15: 22nd Annual Conversation on Chilliwack's Children

Revolving around the concept of Safe Relationships, Safe Children, the 22nd Annual Conversation on Chilliwack's Children is [open for registration](#). Led by the Chilliwack Child and Youth Committee, the conversation is free and open to the public. It will focus on themes of families at the centre, addiction services, domestic violence, progressive correctional processes and policing and the triangle of troubles. These topics will feature key speakers from Fraser Health, Vancouver Coastal Health, University of the Fraser Valley and RCMP. In addition, Wally Buono, General Manager for BC Lions will be the keynote speaker for the day. If you are unable to make commit for the entire day, please consider attending the morning session from 9 am till 12:30 pm.

## June 18-20: Jumping on the Bandwagon!

The [Canadian Collaborative Mental Health Care Conference](#) is the leading national conference focused on research and innovation in collaborative mental health care and addictions service delivery within primary care. In its 16th year, the Conference will encourage physicians, nurses, psychologists, counselors, other health care professionals, patients and family members to "jump on the bandwagon" of collaborative, team-based mental health care. [Click here](#) to register for this year's conference!

## 15.10.15 Change Day BC

Change Day BC is October 15, 2015 (15.10.15). Between now and then, we invite anyone involved in health, social and community care to commit to an act of change that will improve care for patients or the system we work in. Patients, residents, clients, and those working in the system can make a pledge. What someone pledges, and how they do it, is entirely up to them. Led in BC by the BC Patient Safety and Quality Council, this

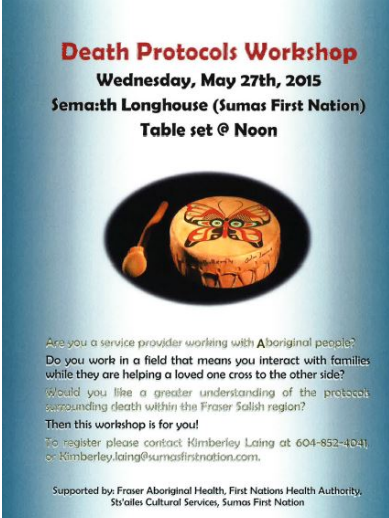
## Fraser Canyon Hospice Society's 10th Annual Hike for Hospice & Walk with your Doc-Hope

**Date:** Saturday, May 23


**Time:** 9 am - 12 noon

**Location:** Hope Memorial Park

[To register, click here](#)



**Death Protocols Workshop**  
Wednesday, May 27th, 2015  
Sema:ath Longhouse (Sumas First Nation)  
Table set @ Noon



Are you a service provider working with Aboriginal people?  
Do you work in a field that means you interact with families while they are helping a loved one cross to the other side?  
Would you like a greater understanding of the protocols surrounding death within the Fraser Salish region?  
Then this workshop is for you!  
To register please contact Kimberley Laing at 604-852-4041 or [Kimberley.laing@sumasfirstnation.com](mailto:Kimberley.laing@sumasfirstnation.com).

Supported by: Fraser Aboriginal Health, First Nations Health Authority, St'atles Cultural Services, Sumas First Nation

## Death Protocols Workshop

**Date:** Wednesday, May 27

**Time:** 12 noon - 4 pm

**Location:** Sumas First Nation

Longhouse, at 2788 Sumas Mountain Rd., Abbotsford

To register, email [Kim Laing](mailto:Kim.Laing) or call 604 852-4041

**You're Invited to...**



## Death and End of Life Protocols Gathering

**When:**  
June 10, 2015  
12:00-4:00pm

**Where:**  
Kwantlen Cultural Centre  
23686 Gabriel Lane  
R Langley BC

To register please email [Ann.Hill@kwanhealth.ca](mailto:Ann.Hill@kwanhealth.ca) with your name, organization, title, and contact info.

If you are unable to attend please send a representative in your place to bring back this important



Fraser Health  
1000 Fraser Street  
Burnaby, BC

Fraser Health, FNHA and Kwantlen First Nation are inviting you to attend our 1st gathering to discuss Cultural and Death Protocol within our communities.

### Gathering Objectives:

To share with First Responders and other partner agencies supporting Kwantlen First Nation and other Aboriginal Communities surrounding "End of Life Protocols". This will also be an opportunity to share important cultural ceremonies and traditions honoured by the Kwantlen people. By understanding this we can strengthen the partnership with agencies and health care providers involved with our families during end of life or grief. This training has been proven to prevent further impact on grieving families and enables them to follow their cultural practices without barriers. A traditional Lunch will be provided at 12:00



## Death & End of Life Protocols Gathering

initiative is building on the successful global movement ignited by the National Health Service (NHS) in England. [Make your pledge here.](#)

**Date:** Wednesday, June 10

**Time:** 12 noon - 4 pm

**Location:** Kwantlen First Nation Cultural Centre, at 23686 Gabriel Lane, Fort Langley

To register, email [Angie Fillardeau](mailto:Angie.Fillardeau) or call 604 888-2488



**15.10.15 Change Day BC**

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Chilliwack Division of Family Practice  
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