

## Doc Talk- July 2015

Your monthly update from the Chilliwack Division of Family Practice

### Doctor of the Month

Dr. Andrew Enyvari has been practicing in Chilliwack for 16 years on and off, with a focus on family practice in the Chilliwack Primary Care Clinic and at walk-in clinics as well as skin cancer screening and treatments. Currently working full time, he is also a resident of Chilliwack and is fond of its proximity to the Fraser and Vedder rivers. In his spare time, he enjoys taking advantage of the abundant opportunities for fishing and outdoor recreation around town.

Working closely with the Division through the Chilliwack Primary Care Clinic, Dr. Enyvari sees the Division as playing a central role in helping local GPs get organized around various health care initiatives. With summer here, he advises patients to be careful with sun exposure as you partake in all things outdoors.

### A GP for Me Update

Here's your monthly A GP for Me update on how the Patient Attachment Mechanism (PAM) has been working, for the month of May.

# of calls to the PAM hotline (initial intake calls only): **191**

# of completed PAM intake form: **111**

# of patients that filled out a PAM intake form but found a GP independent of PAM: **19**

# of patients referred by PAM to a community GP: **127** (complex: **75**, simple healthy: **52**)


# of doctors accepting patients: **24**

Total number of patients referred out so far: **728**

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### Request for Nomination to Board of Directors



### Sto:lo Nation Children's Festival

**Date:** Wednesday, July 22

**Time:** 10 am - 3 pm

**Location:** Sto:lo Nation Health Services, 7201 Vedder Road

(complex: **389**; simple healthy: **339**)

If you are able to accept any patients into your family practice, [please let us know](#).

## Request for Nomination to Board of Directors

Nominations are being sought for three positions on the Chilliwack Division of Family Practice's Board of Directors. One nomination will be for a 2 year term commencing in September 2015 ending in September 2017. Two nominations will be for one year terms commencing in September 2015 ending in September 2016.

We have an active and committed team of directors who are working hard to improve patient care, increase family physician's influence on health care delivery and policy, and provide professional satisfaction for physicians. If you are interested in becoming a member of the board team or know someone who would, please contact [Division Lead, Dr. Ralph Jones](#) or [Deputy Lead Dr. Melanie Madill](#), no later than September 1, 2015. Please visit the [Division website](#) or the Division office for more information about the work of the Division.

## July 22: Sto:lo Nation Children's Festival

The annual Sto:lo Nation Children's Festival on Wednesday, July 22 is an excellent opportunity to meet Chilliwack First Nations families in a fun and relaxing atmosphere and to learn more about the services and programs community organizations are offering. With as many as 1,000 children and parents attending in previous years, the festival promises to be one of the largest annual family events in Chilliwack. Don't forget to check out the Division's booth, complete with games and free swag to be won!



### Residential Care Meeting

**Date:** Tuesday, July 28

Time: 6 pm - 8 pm

Location: Coast Hotel at 45920 First Avenue, Chilliwack

Please RSVP by Friday, July 24th; return your response via fax to 604-795-4111 or email [Elly Meyerink](#).



### Annual General Meeting

**Date:** Thursday, Sep 1



star prospera centre Progress save @ foods

Includes Lunch & Door Prizes

Tickets are \$25. Register at [www.childrenshospice.org](#) or in person at Chilliwack Hospice Society 45380 Highway Ave., or by phone call 604-795-4660

### Bucket List Festival

**Date:** Saturday, Sep 26

Time: 10 am - 3 pm

Location: Chilliwack Alliance

## July 28: Residential Care Meeting

The Division invites you to a physician membership engagement event to approve the residential care provincial model. The meeting has been set for Tuesday, July 28 from 6 pm to 8 pm at Coast Hotel (at 45920 First Avenue, Chilliwack). At this event we hope to approve the residential care model for Chilliwack's care facilities, to sign a Memorandum of Understanding for deliverable and funding and to honor Dr. Lachlan MacIntosh for his work in residential care. Dinner will be served between 6 pm and 7 pm. Please RSVP by Friday, July 24th; return your response via fax to 604-795-4111 or email [Elly Meyerink](mailto:Elly.Meyerink).

## Sep 17: Annual General Meeting

The Division's Annual General Meeting has been scheduled for Thursday, September 17. Please let us know if you would like more details as they are confirmed.

## Sep 26: Bucket List Festival

The Chilliwack Hospice Society, in partnership with the Chilliwack Division of Family Practice is hosting the second annual Bucket List Festival on Saturday, September 26, 2015 10-3 pm. A broad range of experts, including members of the Division, will provide information and address topics dealing with a myriad of issues we may face as we plan for our future. Enjoy an uplifting day full of valuable information, resources and prizes. The day will end with draws for fabulous prizes to fulfill some Bucket List dreams. Registration opens on July 15 and tickets can be purchased online at [www.chilliwackhospice.org](http://www.chilliwackhospice.org) or at the Chilliwack Hospice Society office (45360 Hodgins Avenue, Chilliwack).

Church, 8700 Young Road  
Registration opens July 15  
Tickets available online

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**Division Team Volunteers at Ruth and Naomi's**

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ACT **FAST** BECAUSE THE QUICKER YOU ACT,  
THE MORE OF THE PERSON YOU SAVE.

**Act FAST to help Canadians recognize stroke**

[Click here for more information](#)

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**Live 5210 at National Aboriginal Day Gathering**

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## Division Volunteers at Ruth & Naomi's

Representing the Division, our local team was out and about on Tuesday, July 7 volunteering at the local [Ruth and Naomi's](#). We got together to prepare and serve a delicious dinner of pork loin with sides of mashed potatoes, peas, Caesar salad and carrot cake/nanaimo bars to 124 people. We are glad to have been able to give something back to the wonderful community that Chilliwack is. Great fun was had by all!

## Act FAST to help Canadians recognize stroke

*Robert Clark of Victoria BC never imagined that a TV commercial would save his life. But that's exactly what happened on a warm summer's day in 2013 when he unexpectedly suffered a stroke while visiting his daughter Alison in London, England.*

*After dinner one evening, Robert's face began to droop, especially around his eye and mouth. He couldn't speak, and his arms wouldn't move. Alison and her husband instantly recognized what was happening to Robert, thanks to a widespread television campaign in the UK called FAST. Alison's husband called emergency, and an ambulance was sent right away to take Robert to a hospital with a specialized stroke unit. Within 30 minutes, he received lifesaving treatment – including tPA – and began his road to recovery.*

*After a couple of weeks in the hospital, Robert returned home with no lasting effects of his stroke. He passionately believes that FAST can save lives and prevent Canadians from suffering from potential debilitating effects of a stroke.*



**Live 5210 at Aboriginal Wellness Day Celebration**



**15.05.15 Change Day BC**

[Pledge here today!](#)

Stroke is a serious medical emergency and the third leading cause of death in Canada. There are an estimated 62,000 strokes in Canada each year: that's one stroke every 9 minutes. Time is everything during a stroke. Every minute delay means up to 2 million neurons die. Within an hour, with no treatment, the brain loses as many neurons as it does in almost 3.6 years of normal aging.

Recognizing the signs of stroke and acting quickly can mean the difference between life and death, or the difference between a full recovery and lasting disability. That's why the Heart and Stroke Foundation is launching FAST, a new campaign similar to the one in the UK, to help Canadians recognize the signs of stroke and learn what to do if one happens to them or their loved ones.

With a national campaign that includes TV spots and social media promotion, more stroke patients like Robert will receive immediate help because they and their families will recognize the signs and act FAST. Help your patients recognize the signs of stroke using the FAST acronym by ordering free bookmarks, magnets and posters from the Heart and Stroke Foundation's new campaign for your office. Act FAST and order your free material today. Click [here](#) for the form or contact the Foundation at 1.888.473.4636 or [info@hsf.bc.ca](mailto:info@hsf.bc.ca). It could save a life one day!

## **Live 5210 at National Aboriginal Day Gathering**

We were keen participants at the Food, Fitness, Family Fun Aboriginal Wellness Gathering hosted by Chilliwack Central on June 16. With traditional food, drumming, and dancing, this all-around spectacular family event proved to be a great way to share information with the community. Children and their parents enjoyed learning about how

much sugar is in popular drinks at the Division's Healthy Kids Initiative Live 5-2-1-0 booth.

## **Live 5210 at Aboriginal Wellness Day Celebration**

Tzeachten, Soowahlie and Sto:lo Health celebrated Aboriginal Wellness Day on June 20 with a fun-filled family event, delicious food, entertainment, crafts and information booths from various business/community services, including the Division's Healthy Kids Initiative display. With temperatures soaring, we shared healthy beverage ideas for staying cool, without resorting to sugary drinks.

## **Change Day BC hits 1500 pledges**

The BC Patient Safety and Quality Council, along with partners such as the Division, is planning its first every Change Day BC on October 15, 2015 (15.10.15). Built on the success of a global movement that started with England's National Health Service (NHS) in 2013, Change Day BC is all about inviting anyone involved in health, social and community care to commit to making a change or trying something new to make our system better for British Columbians. [Make your pledge here.](#)

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