

Doc Talk- September 2015

Your monthly update from the Chilliwack Division of Family Practice

Request for Nomination to Board of Directors

Want to join the active and committed team of directors who are working hard to improve patient care, increase family physician's influence on health care delivery and policy, and provide professional satisfaction for physicians? If you are interested in becoming a member of the board team of the Chilliwack Division or know someone who would, please contact [Division Lead, Dr. Ralph Jones](#) or [Deputy Lead Dr. Melanie Madill](#). For more information, visit the [Division website](#) or the Division office.

Sep 17: Annual General Meeting

The Chilliwack Division's Annual General Meeting has been scheduled for **Thursday, September 17**, from 6 pm till 8 pm, in the Rotary Hall Theatre at the Chilliwack Cultural Centre (9201 Corbould Street, Chilliwack). To RSVP, please email [Elly Meyerink](mailto:Elly.Meyerink).

Doctor of the Month

Dr. Robert Fox is a full-time family physician with a primarily office-based practice. In addition to this, he visits the Stó:lō Elders Lodge on a regular basis and has a limited number of patient in the Bradley Centre. He also has a methadone maintenance practice that he leads 2 hours a week. The safe community, affordable housing and a GP-friendly medical culture are some of Dr. Fox's favorite things about Chilliwack. He comments, "I feel a great relationship with my specialist colleagues in the area. Moreover, practicing here allows me to pursue my interest in working with First Nations."

Dr. Fox's current involvement with the Division includes taking advantage of educational opportunities when possible and participating in primary care initiatives through the Division. He envisions the Division's role as being local GPs solving local GP problems. In his spare time, he indulges in hobbies such as investing in stocks and running. One piece of healthy living advice he would like to share is to "live life like a clock" i.e. to take

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at chilliwackdfp@divisionsbc.ca



Nomination to Board of Directors



Chilliwack Division Annual General Meeting

Date: Thursday, Sept 17

Time: 6 pm - 8 pm

Location: Chilliwack Cultural Centre
(Rotary Hall Theatre) at 9201 Corbould Street, Chilliwack. To RSVP, please email [Elly Meyerink](mailto:Elly.Meyerink)

advantage of the power of routine in your life.

A GP for Me Update

Here's your monthly A GP for Me update on how the Patient Attachment Mechanism (PAM) has been working, for the month of July.

of calls to the PAM hotline (initial intake calls only): **164**

of completed PAM intake form: **147**

of patients that filled out a PAM intake form but found a GP independent of PAM: **6**

of patients referred by PAM to a community GP: **140** (complex: **71**, simple healthy: **69**)

of Chilliwack doctors accepting patients: **24**

of primary care clinics directly accepting patients: **2** (Hope Medical Centre and Agassiz Community Health Centre)

Total number of patients referred out so far: **1,030** (complex: **533**; simple healthy: **497**)

If you are able to accept any patients into your family practice, [please let us know](#).

New A GP for Me Attachment Initiative Billing Guide

The new A GP for Me attachment initiative billing guide from the GPSC can be found [here](#). Additionally, Dr Cathy Clelland made a very valuable billing presentation on Team Based Care and Fee For Service billing, [available here](#).

Have your voice heard in the GPSC Visioning Process

The GPSC has launched the province-wide GPSC Visioning Process to help create a GP vision for the future of primary care in BC. This is every family doctor's opportunity to contribute their thoughts about how they want to practice and care for their patients in the future. What the GPSC hears will help it influence policy, set priorities, and allocate its budget over the next three to five years. The decisions made will impact GPs, their practices and their patients. [Click here](#) to participate in this engagement process.

Latching On: How Family Physicians can Support Breastfeeding Patients



Doctor of the Month

Dr. Robert Fox



**Team Based Care
&
FFS Billing**

Dr. Cathy Clelland

A GP for Me



[Click here for billing presentation](#)

[Click here for new A GP for Me attachment initiative billing guide](#)



[Participate in the GPSC Visioning Process](#)



Latching on: How Family Physicians can Support Breastfeeding Patients

[Register here](#) for this one hour online module. Earn a Mainpro M1 credit upon completion.

The Canadian Pediatric Society recommends that breast milk be the only food or drink for the first 6 months of life. After that, with age-appropriate solid foods, breastfeeding should continue for up to 2 years or more for immunologic protection and optimal growth and development. In Fraser Health the proportion of infants exclusively breast feeding for at least 6 months is a disappointing 38%. Unfortunately, not enough healthcare providers are supporting its use. Do you need help to support breastfeeding mothers and infants in your practice? Please go to The Fraser Health Pulse for a [One-hour course for family physicians offered by Vancouver Coastal and UBC \(free\)](#). You will earn a Mainpro M1 credit upon completion.

Sep 22: The Power to Choose: Improving End-of-life Care in First Nations Communities

WHAT: Dr. Mary Lou Kelley, Professor Emeritus, School of Social Work, Lakehead University, will share findings of a project showing the value of local community development, regional partnerships, education and community empowerment in addressing gaps in palliative care services for First Nations communities.

WHEN: Tuesday, September 22, 2015, 10 – 11:00 am PST

WHERE: Room 129, Reichwald Health Sciences Centre, UBC Okanagan. To attend in person, via webinar or teleconference please [register here](#).

Oct 5 - 30: Be Active Every Day Challenge

Just 9% of kids are meeting the Canadian Guidelines of one hour of fitness per day. You have the opportunity to start younger patients on the right track at the beginning of the school year, and help keep them there for the rest of their life. Offer a few hours of your time throughout the month of October to spend with kids helping them understand the importance of physical fitness by leading the [Be Active Every Day Challenge](#) at a local school.

Participating doctors will be asked to lead a presentation at the beginning of October to introduce the challenge. Then, in the final week of this month-long challenge, doctors return to the schools to celebrate the end of the challenge and hand out certificates of completion and prizes to students. If you are a doctor in Chilliwack, Agassiz-Harrison or Hope and would like more



The Power to Choose - Improving End-of-life Care in First Nations Communities

Date: Tuesday, Sept 22

Time: 10 am - 11 am

Location: Attend in person at the Reichwald Health Sciences Centre, UBC Okanagan or via webinar or teleconference

[Register here](#)



Oct 5 - 30: Be Active Every Day Challenge 2015

[Contact us](#) if you are a family physician and would like more information about leading the challenge at a local school

information, please [contact us](#).

Advanced MOA Certificate at University of the Fraser Valley

With a start date for September 2015, this program equips students with the skills needed to assist the physician in a greater capacity. This includes theory, advanced administration, staff leadership, patient support, and clinical support skills. This program is designed for experienced MOAs who are seeking career advancement and an advanced skill set. For more information, [click here](#).

Sep 26: Bucket List Festival

Designed for seniors and family caregivers and hosted by the Chilliwack Hospice Society in partnership with the Chilliwack Division, this second annual workshop will provide information about topics such as: Advance Care Planning, Community Health Care Resources, Planning for Your Digital After-Life, and How to "Really Talk" to Your Doctor. For more information or to register, [click here](#).

Change Day BC Gears Up for October 15

The Change Day movement to improve health and social care started in England. It has since grown to countries like Australia, Jordan and Sweden. Now it's coming to British Columbia and to Chilliwack, Agassiz - Harrison and Hope. On or before October 15, 2015, we are inviting you to join this international movement by participating in [Change Day BC](#) and committing to making a change or trying something new to make things better. We hope you'll join us and make a pledge for your patients, clients, families, colleagues - or yourself!

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stor proterra centre Progress save on foods

Includes Lunch & Door Prizes

Tickets are \$25. Register at www.chilliwackhospice.org or in person at Chilliwack Hospice Society 45600 Menholm Ave., or by phone call 604-795-4660

Chilliwack Bucket List Festival

Date: Saturday, Sept 26

Time: 10 am - 3 pm

Location: Chilliwack Alliance Church,
8700 Young Road

[Register here](#)



[Make your pledge for Change Day BC here](#)