



The Division
E-bulletin Volume 5
(2017/18)



BE ACTIVE EVERY DAY!

No, it's not Halloween yet, but the kick-off of the "Be Active Every Day" challenge.

On Friday, October 6, Drs Bre'el Davis and Dieter DeBruin visited the Ecole Willow Point Elementary School, during their morning assembly, to help the students kick of their challenge.

For the month of October the following elementary schools - Ocean Grove, Pinecrest, Phoenix, Ecole Willow Point and the Campbell River Christian - participated in this years challenge. Each child who participates receives an activity guide to set goals, track their activities, and learn the

simple "Live 5-2-1-0" steps to be healthy every day.



PROVINCIAL & REGIONAL NEWS & REPORTS

Division Dispatch:
October 12, 2017

GPSC News - Fall 2017

2017 HA Engagement
Survey

EVENTS ~ WORKSHOPS ~ CMEs

ANNUAL GENERAL MEETING - SAVE THE DATE!

The CR & District Division of Family Practice's Annual General Meeting (AGM) is set for 6:00PM on Friday, December 1, 2017 at the Maritime Heritage Centre, Rotary Hall.

Please RSVP your attendance to Julie Collis: campbellriver.admin@divisionsbc.ca
See [POSTER](#) for more details.

Important Notices from the Office of the Chief Medical Health Officer

2017-18 Seasonal Influenza
Immunization Campaign

Immunization Update September
2017

How to Talk to Chronic Pain Patients - Free Webinar

Talking to patients about neuroplasticity, self-management, and catastrophizing can be difficult for doctors. Depending on the patient's level of readiness and knowledge about mind-body therapies and psychosocial approaches, discussing complex concepts can sometimes have the opposite of the desired effect.

Date: Thursday, Nov 9 - 12:00 to 1:00pm
Host: Dr. Davidicus Wong

Online Addiction Medicine Diploma

The Online Addiction Medicine Diploma is a **free** online certificate course targeted at health care professionals interested in learning more about providing care to patients with alcohol, tobacco, and opioid substance use disorders.

The course is also open for anyone wishing to improve their knowledge of substance use and addiction and supported by the Province of BC and the Ministry of Health.

For more information and to register, click on the link below.

[PAIN BC Webinar](#)

For more information and to register, click on the link below.

[Addiction Medical Course](#)

NEW TOOLS

OSCAR - MHSU Referral Form

The Community Health Services, MHSU services referral form is now available for the Campbell River Hospital through OSCAR.

[CHS Referral Form](#)

OSCAR - Maternity Clinic Referral Form

The updated Maternity Clinic referral form is now available for downloading through OSCAR E-Forms.

[Maternity Referral Form](#)

PSP: In-Practice Support for Patient Panel

More than 400 doctors have improved the quality of their patient data using PSP's new set of EMR-based tools. The ***Understanding Your Patient Panel*** tools support doctors in managing their patient panels so that they can use the data to inform planned, proactive care.

Physicians and MOAs can receive compensation for much of their time spent on understanding their patient panels. With the support of PSP's Regional Support Team (RST) coordinators, doctors and their MOAs can use the panel assessment tools to:

- Update patient information to better understand their patient population.
- Create registries of patients with complex care needs.
- Identify needs of the patient registry.

This set of tools helps improve day-to-day clinical and practice workflows, including tracking of chronic disease management (CDM) billing and creating tasks to request action. These tools are currently available on Intrahealth, Med Access, Wolf, and Osler EMRs.

To learn more, click on the link below or for more information contact Kate Carlson directly at Kate.Carlson@viha.ca

[PSP - Patient Panel](#)

Pain Management and Opioid Prescribing

Effective June 5, 2017, new clinical practice guideline for treatment of opioid

Poverty: A Clinical Tool for BC Primary Care Providers

A tool designed to be used over a series of visits and be used to screen all patients by

use disorder from the BC Centre for Substance Use replacing the original CPSBC guidelines.

[Guidelines and Resources](#)

using a key question identified as a good predictor of poverty.

[Poverty Predictor Tool](#)

Osteoarthritis (OA) Tool

This new tool will assist family physicians and other health care providers understand that osteoarthritis is a common, treatable, chronic illness by providing a tool that helps providers identify, assess and monitor OA.

[Osteoarthritis](#)

Teledermatology Consult

Family physicians are now able to send a digital photo of the affected area on a patient, with relevant medical information, to [Consult Derm](#), a secure website for viewing and assessment by a dermatologist. Click the link below to find out more about this SharedCare initiative.

[Teledermatology](#)

Primary Medical Home

At the last **GPSC Summit** in June, one of the sessions gathered together a number of rural providers to share presentations of different rural PMH attributes. Those sessions were recorded and are now available for sharing to help promote the concepts / messages of the 'rural lens'. All nine stories are now posted on the GPSC website [Here](#).

The Patient's Medical Home is the future of family practice in Canada. In this vision, every family practice across Canada offers the medical care that Canadians want — seamless care that is centred on individual patients' needs, within their community, throughout every stage of life, and integrated with other health services. Visit The College of Family Physicians of Canada (CFPC) Primary Medical Home [Website](#) for more information.

Federal Tax Change Proposal - Update

More than 3,000 Doctors of BC members (incorporated and unincorporated physicians) participated in last month's survey to provide perspectives from all sides of the debate. The high participation rate indicates the level of significance of this issue for physicians. Some key survey findings:

- The overwhelming majority of physicians are extremely concerned about what these changes are going to mean for them (93%) and for their patients (80%).
- Physicians are most concerned about the possibility of new taxation on passive investments inside private corporations (80%).
- Physicians are concerned about the proposed restrictions on income splitting (60%).

The results from this survey, along with the hundreds of letters Doctors of BC received from members detailing their concerns and personal stories, informed Doctors of BC's submission to the federal government. Doctors of BC is aware that changes will be coming - the goal is to mitigate them. To read the full submission, including Doctors of BC's asks of the federal government

To read the full submission, including Doctors of BC's asks of the federal government, click [Here](#).

"Care is all you Need" to win the Canada Cares \$10,000 Award

Canada Cares' mandate is to say "**thank you,**" and to elevate the role of family and professional caregivers while establishing multi-disciplinary, multi-sector partnerships that focus on recognition, participation, awareness, accessibility and diverse community engagement. Canada Cares encourages families, workplaces, governments, industry and other stakeholders **to support caregivers** for young children, teens, adults and seniors to recognize the importance of caregiving to both the quality of life and the economic and societal well being of our nation.

Help celebrate those who go "above and beyond" to support and care by nominating an amazing family or professional caregiver to be recognized for one of the 2018 Canada Cares Caregiver Awards. For more information on the One Wish Award of up to \$10,000 visit the Canada Cares [Website](#)

For a copy of the application form, click on the link below - Nominations close January 31, 2018.

[Canada Cares - Application Form](#)

Cedar Street Medical Clinic is on the Up-Cycling bandwagon

Over the summer, Cedar Street Medical has jumped on the up-cycling bandwagon and are trying to save the environment one gown at a time. A remote supporter and fan of Cedar Street Medical has been hard at work creating one of a kind up-cycled gowns and drapes. Everyone at the clinic are pleased with the results and excited to share them with other physicians. If you have any questions or would like to get on the up-cycling bandwagon, please contact the clinic directly.



It's A Boy - X2

A big Hello and Welcome to two new family members

Please join us in congratulating:

Dr. Robyn McEwen and Andrew Kirsop on the arrival of Malcolm - Sunday, September 24

Dr. Dieter and Sue DeBruin (& big brothers John & Louis) on the arrival of William - Friday, October 6



Malcolm Kirsop



William DeBruin



 Like

 Forward

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