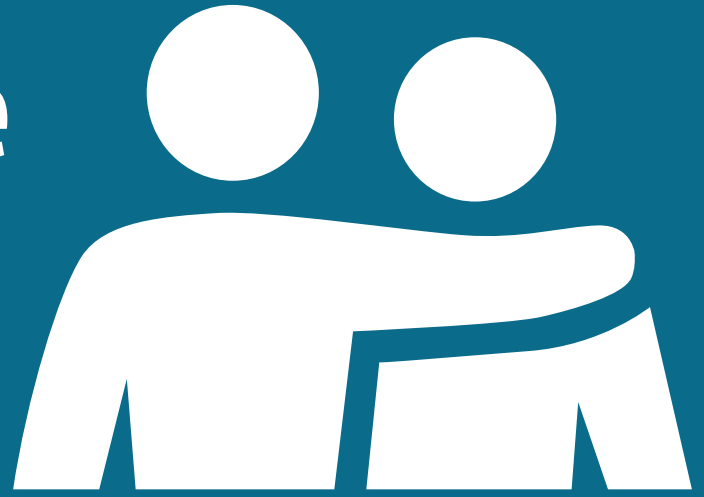


Need Mental Health or Substance Use Support in Boundary?

Choose the Right Care at the Right Place



24/7 Support and Crisis Lines

Emergency Services: 911
Crisis Line (24/7): 1-888-353-2273
Suicide Crisis Line: 1-800-784-2433
Mental Health Crisis Line: 310-6789 (no area code)

Adult Mental Health Substance Use Support

Boundary Mental Health and Substance Use Services:
Grand Forks: 250-442-0330
West Boundary: 250-449-2887
ANKORS: 250-505-5506
Circle of Indigenous Nations: 240-444-0334

Children & Youth MHSU Support

Ministry of Children and Family Development
(Mental health counselling, 18 years and younger)
250-442-2704
Freedom Quest Youth Services
(substance use and mental health supports)
250-442-7979
Boundary Family Services Society: 250-442-2267

Medical Clinic Support

Social Worker Support Available in your Medical Clinic
(Counselling, help with forms, referrals and getting the supports needed, and assisting with end of life planning)
Call Your Medical Clinic